


Rutland Senior Secondary Phone: 250-870-5110 Fax: 250-870-5010 705 Rutland Rd N. Kelowna, BC V1X 3B6		2026-2027 COURSE SELECTION SHEET		Grade 10
		Administration Principal: Mr. H. Alexander Vice Principal (A-F): Ms. J. Everett Vice Principal (G-N): Ms. R. Gandham Vice Principal (O-Z): Ms. M. Johnston	Counselling (A-F): Ms. D. Patterson (G-N): Ms. D. Holmes (O-Z): Ms. L. Reynolds	
				SPECIAL INSTRUCTIONS: At least 1 ADST OR Fine Arts course must be taken between Grades 10 & 12
Student Name:				
Student Number:				
Grade 10 REQUIRED Courses				
These will be selected for you				
<input type="checkbox"/> Science 10 <input type="checkbox"/> Social Studies 10 <input type="checkbox"/> Career Life Education 10				
Pick 1 of the courses below for your English 10 course . Composition 10 will automatically be added on.				
<u>English 10 First Peoples</u> <input type="checkbox"/> Literary Studies & New Media <i>*This course satisfies the Indigenous-Focused Graduation Requirement</i>		<u>English 10 Literary Studies</u> <input type="checkbox"/> General Studies		<u>English 10 New Media</u> <input type="checkbox"/> Crime <u>English 10 Creative Writing</u> <input type="checkbox"/> Introduction
Select 1 Math 10 course from this list of options.				
<input type="checkbox"/> Foundations of Math & Pre-Calculus 10 <input type="checkbox"/> Workplace Mathematics 10				
Select 1 P.E.10 course from this list of options. (Academies require an application and have a fee)				
<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Physical Education 10 * <input type="checkbox"/> Dance 10 <input type="checkbox"/> Women's Basketball 10 * <input type="checkbox"/> Basketball 10 * </div> <div> <input type="checkbox"/> Mixed Martial Arts 10 <input type="checkbox"/> Football 10 <input type="checkbox"/> Outdoor Education 10 * <input type="checkbox"/> Volleyball 10 * </div> <div> <input type="checkbox"/> Soccer Academy 10 (\$425) <input type="checkbox"/> Hockey Academy 10 (\$1245) <input type="checkbox"/> Baseball Academy 10 (\$1200) <input type="checkbox"/> Rugby </div> </div> <p style="text-align: center; font-size: 0.8em;">* Denotes Added Cost</p>				
Grade 10 ELECTIVE Courses				
Select 2 electives from the elective sheet.				
1) _____ 2) _____				
In the event your chosen electives are not available, select 2 alternatives from the elective list.				
1) _____ 2) _____				
Grade 10 AM Courses (Optional - out of the timetable)				
1) _____				
Scan the QR Code for Gr. 10-12 Elective choices. ⇒				
—flip over—				

DATE: _____ NAME: _____

GRADUATION PLANNING

We strongly recommend students discuss their plan with a Parent / Guardian. Students are encouraged to carefully research post-secondary education programs as entrance requirements may demand specific high school courses as pre-requisites.

Every student will need to complete a 4-credit Indigenous-Focused Course as part of their grad requirement. Current courses that satisfy this requirement are: English First Peoples 10 (EFP 10), EFP 11, EFP 12, Contemporary Indigenous Studies 12, and BC First Peoples 12, Indigenous Art 10-12

GRADE 10 REQUIREMENTS	CREDITS	
<input type="checkbox"/> English 10 -Composition(2cr) + course option selected (2cr))	4	=32 credits
<input type="checkbox"/> Social Studies 10	4	
<input type="checkbox"/> Science 10	4	
<input type="checkbox"/> Career Life Education 10	4	
<input type="checkbox"/> Math 10 _____	4	
<input type="checkbox"/> PE 10 _____	4	
<input type="checkbox"/> Applied Skill or Fine Arts 10 or 11 _____	4	
<input type="checkbox"/> Elective _____	4	
GRADE 11 REQUIREMENTS		
<input type="checkbox"/> English 11 _____	4	=32 credits
<input type="checkbox"/> Social Studies 11 or 12 _____	4	
<input type="checkbox"/> Science 11 _____	4	
<input type="checkbox"/> Math 11 or 12 _____	4	
<input type="checkbox"/> Career Life Connections (4 Credit)	2	
<input type="checkbox"/> Elective _____	2	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
GRADE 12 REQUIREMENTS		
<input type="checkbox"/> English 12	4	=30 credits
<input type="checkbox"/> Career Life Connections 12B + Capstone Presentation	2	
<input type="checkbox"/> 3 other courses must be at Gr. 12 level by graduation	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
GRADUATION ASSESSMENTS		
<input type="checkbox"/> GR 10 NUMERACY <input type="checkbox"/> GR 10 LITERACY <input type="checkbox"/> GR 12 LITERACY	<input type="checkbox"/> INDIGENOUS COURSE	
TOTAL CREDITS: (80 credits minimum for graduation)		_____