

**Rutland
Secondary
School**

R

Grade 10-12 COURSE PLANNING

2025-2026

Couse Selection Resources

The course description booklets and planning sheets for 2025-2026 are available on the RSS homepage under the Student tab !!

[RSS.sd23.bc.ca](https://rss.sd23.bc.ca)

The screenshot shows the website rss.sd23.bc.ca. The navigation menu on the left includes: Home, About RSS, Programs, Services, Parents, Resources, and **Students** (highlighted with a red arrow). The main content area features a search bar with the text "What are you looking for?". Below the search bar is a large banner for "Rutland Senior" with the text "Welcome". To the right of the banner are two featured sections: "School Community Student Learning Plan" and "Documents & Publications". Below the banner is a yellow box containing a list of resources: Counselling Department, Course Selections, Grad, MyEd Portal, Scholarships and Awards, School Supplies, Transcripts and Diplomas. At the bottom, there is a "Bell Schedule" section with a table of times: 9:00 am - 10:15 am, 10:15 am - 10:24 am, 10:24 am - 11:45 am, and 11:45 am - 12:29 pm.

Time
9:00 am - 10:15 am
10:15 am - 10:24 am
10:24 am - 11:45 am
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Check out some of the great programs offered at RSS

The screenshot shows the website for Rutland Senior Secondary (RSS) at rss.sd23.bc.ca. The navigation menu on the left includes: Home, About RSS, **Programs** (highlighted with a red arrow), Services, Parent Resources, and Student Resources. A yellow dropdown menu is open under 'Programs', listing various offerings:

Advance Placement	Dual Credit	Lifeguarding Academy
Alternate Education	Emergency Medical Responder	Operation Take 2
Athletics	Equine Learning Academy	Outdoor Education
Baseball Academy	Firefighting	Raven Theatre
BCIT @ RSS	Forestry	RSS Dance
Career Life Programs	Golf Learning Academy	RSS Music Department
Course Descriptions & Course Selection	Central Okanagan Hockey Skills Academy	RSS Playschool
Cutter's Edge		RSS Soccer Academy

Below the menu, there are featured images and text: 'School Community Student Learning Plan' (with an image of students) and 'Documents & Publications' (with an image of a library). At the bottom, there is a blue bar with a schedule of times: 9:00 am - 10:15 am, 10:15 am - 10:24 am, 10:24 am - 11:45 am, and 11:45 am - 12:29 pm.

INSTRUCTIONS FOR ONLINE COURSE SELECTION 2025-2026

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10:15 am - 10:24 am
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GRADUATION REQUIREMENTS

Gr 10 + Gr. 11 + Gr. 12 = 80 credits minimum

GRADE 10

- An English 10
- Social Studies 10
- Science 10
- a Mathematics 10
- a PE 10
- Career Life Education
- Numeracy Assessment
- Literacy Assessment

GRADE 11

- An English 11
- a Social Studies 11 or 12
- a Mathematics 11
- a Science 11
- Career Life Connections

GRADE 12

- An English 12
- _____ 12
- _____ 12
- _____ 12
- Career Life Connections 12 B
- Literacy Assessment

A 4-credit Indigenous Content Course

PLUS additional courses (electives) at Gr 10, 11, & 12

MANDATORY ASSESSMENTS

Grade 10 Numeracy
Assessment

Math and numbers
Assessment taken in
Grade 10

Grade 10 Literacy
Assessment

English Reading and
writing assessment
taken in grade 10

Grade 12 Literacy
Assessment

Another English
Reading and writing
assessment taken in
grade 12

***All 3 must be completed as part of your
Grad Requirements**

UBC currently requires
a 3 out of 4 on this for
entrance

What's ahead for the 2025/26 school year...
and beyond



Central Okanagan
Public Schools
Together We Learn

Indigenous-Focused Course Graduation Requirement

Essential Information

WHAT IS REQUIRED?



Students graduating with a BC Dogwood Diploma will need to complete 4 credits of an Indigenous-focused course.

WHY IS THIS IN PLACE?



Develops understandings of cultures, histories, contexts and perspectives of Indigenous peoples of BC.



Part of the Framework for Reconciliation Action Plan in BC includes a commitment to implementing a course related to First Peoples as part of BC's graduation requirements.



Good to Know:

There is no increase to the number of graduation credits, which remain at 80.

Double Duty:



English First Peoples, Contemporary Indigenous Studies & BC First Peoples also satisfy **EITHER** the English Language Arts 12 **OR** Social Studies 12 requirement respectively (2 grad requirements at once).

Current Course Options:

- English First Peoples 10-12
- BC First Peoples 12
- Contemporary Indigenous Studies 12

Indigenous Focus Requirement

You can choose an Indigenous focus English in grade 10, 11 or 12

You can choose an Indigenous focus Social Studies in grade 11 or 12.

You can choose Indigenous Visual Arts

You can take several Indigenous focus classes if you want but you **MUST** take at least one.

PLANNING FOR THE FUTURE

~ Different Paths ~

UNIVERSITY

UNIVERSITY
TRANSFER

TRADES

COLLEGE

WORKFORCE

GAP YEAR

VOLUNTEER
/ TRAVEL

IMPORTANT WEBSITES

RSS – www.rss.sd23.bc.ca

➤ Career Exploration

myBlueprint <https://app.myblueprint.ca/?sdid=>



WorkBC Career Trek <https://www.careertrekbc.ca/>



EducationPlannerBC

<https://www.educationplannerbc.ca/>



Remember, students are responsible for checking institution websites for program requirements

ENTRANCE REQUIREMENT CHANGES

- **Some Post Secondary institutions, such as UBC-O, have shifted from a program of study focus to a holistic look at a student's high school experience.**
- **Marks in English and other required courses are still important**
- **These institutions want well rounded students – will be looking at overall average (grades 11 and 12) and all your extra curricular activities**

PLANNING FOR THE FUTURE

~ College to University Transfer ~

- Take University courses at College in first and second year and then transfer to a University for 3rd year
- Benefits: cheaper, smaller class sizes, lower grade average required to get in

DUAL CREDIT PROGRAMS

There are three pathways:

- School Based Programs (ex: EMR)
- BCIT –Computer Information Systems Admin (CISA)
- Okanagan College (ex-Welding-Auto Service...)

Do a trades or other program in grade 12 and get highschool and college credit!!

**School District 23 pays the tuition
(students responsible for other fees).**

PLANNING for the FUTURE ~ Dual Credit Programs

• Career Programs Coordinators: Ms Skogstad & Ms Robb

• Career Programs Managers: Ms. Robinson & Ms. Boast

ACADEMIC DUAL CREDIT

Available to all secondary school students

Okanagan College

- Students can enroll in 1 to 2 first-year post-sec. transferable courses.

UBC Okanagan

- First year Engineering Course APSC 171

HEALTH & HUMAN SERVICES

- Admin. Asst. (OC)
- EMR (RSS & Justice Institute of BC)
- Education Asst. (OC)
- Health Care Asst. (OC)
- Office Admin. (OC)

TRADES AND TECHNOLOGY

Okanagan College

- Entry Level Trades Programs

BCIT

- Computer Information Systems Administration taken at RSS

School Based

- Hairdressing (MBS)
- Auto Service Tech
- Forestry (RSS)
- Apprenticeship (KSS) (ITA Youth Work)

INTERESTED?

SD23 Dual Credit Options:

<https://www.dualcredit23.com/>

Action steps (for students):

1. See Mr Werry or Ms. Robinson in the Career Centre
2. Do a Job Shadow – see Ms. Boast in the Career Centre to sign up
3. Apply for a program and interview

ADVANCED PLACEMENT

Involves significant commitment outside of regular class time

Students must score a level 4 or 5 on AP exam to receive 1st year university credit

Advanced Placement courses offered at RSS

- English AP 12
- AP Chemistry 12
- Physics 12 AP1 and AP2
- AP Biology 12
- Calculus AP 12
- Art 12 AP (Portfolio Requirement)
- AP Computer Science 12
- AP Political Studies: Comparative Government and Politics 12

Teacher recommendation required for acceptance into AP classes

Academies

Fees subject to change

- **Equine Learning Academy, February-June, \$600**
- **Soccer Academy, both semesters, \$425 per semester (can take either or both semesters)**
- **Baseball Academy, September-January, \$1200**
- **Hockey Canada Skills Academy, hoping for both semesters, \$1245 per semester**
- **Lifeguard Academy, \$325 for Pre-Lifeguarding 11, \$375 for Pre-Lifeguarding 12**
- **Emergency Medical Responder, \$300**
- **Emergency Medical Responder & Firefighting Academy, \$375**



Core Courses

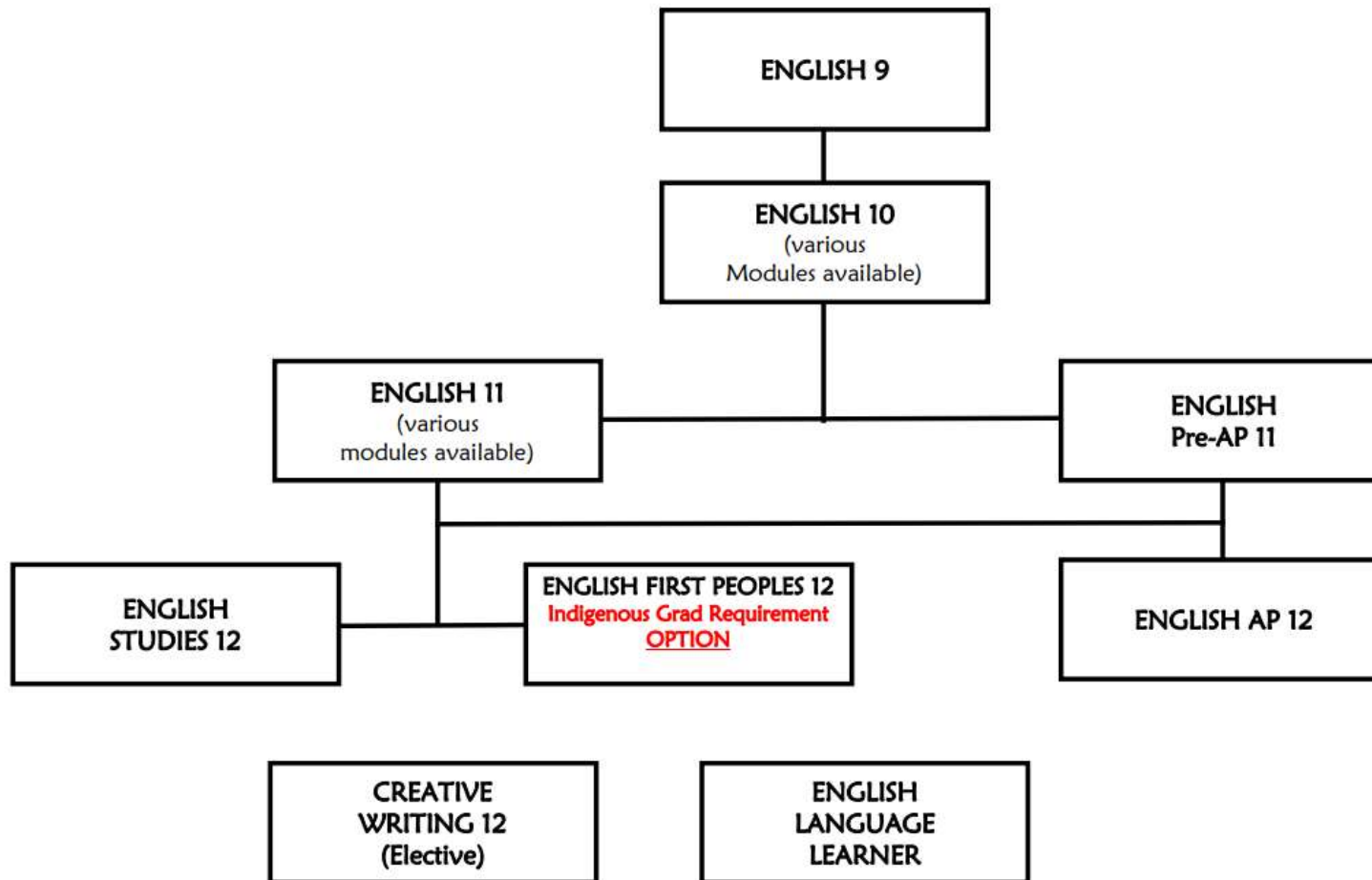


Career Planning Path Required for Graduation:

- **Grade 10 Career Life Education,**
- **Grade 11 Career Life Connections A/Career Transitions**
- **Grade 12 Careers 12 B + Capstone Presentation**

- **Students are also required to complete 30 hours of work or volunteer experience prior to graduation**

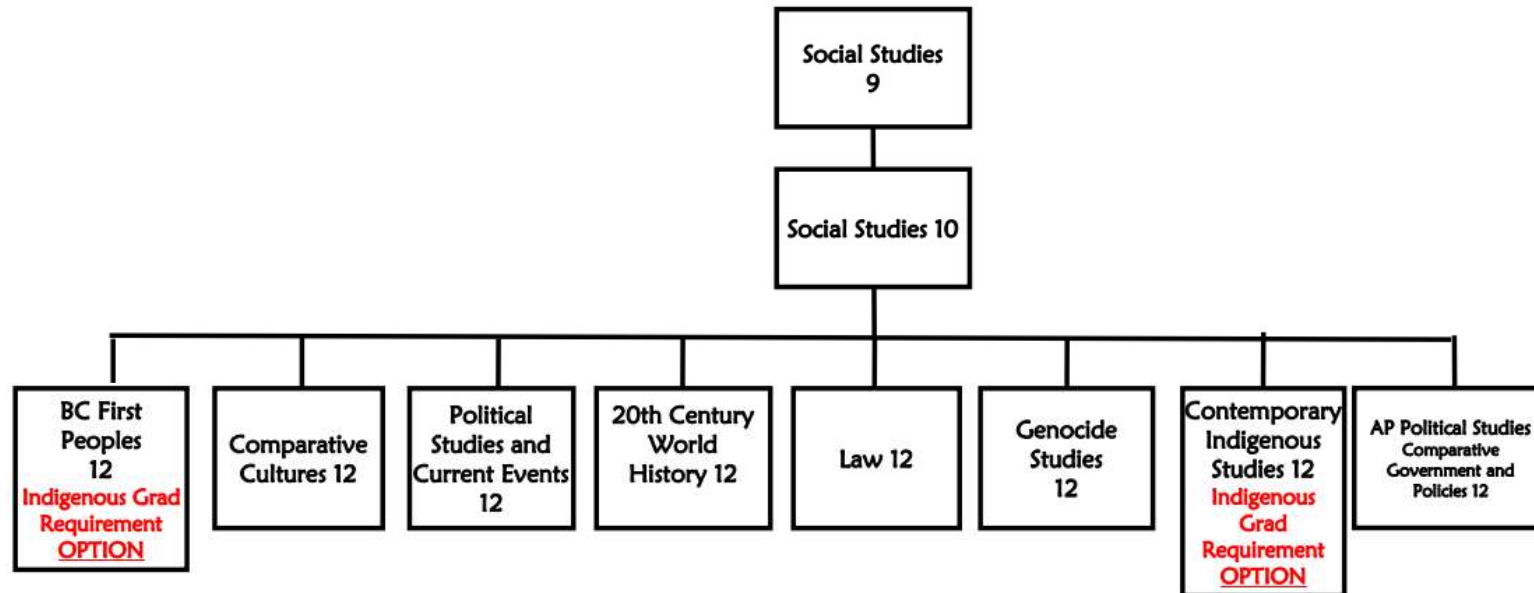
ENGLISH



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

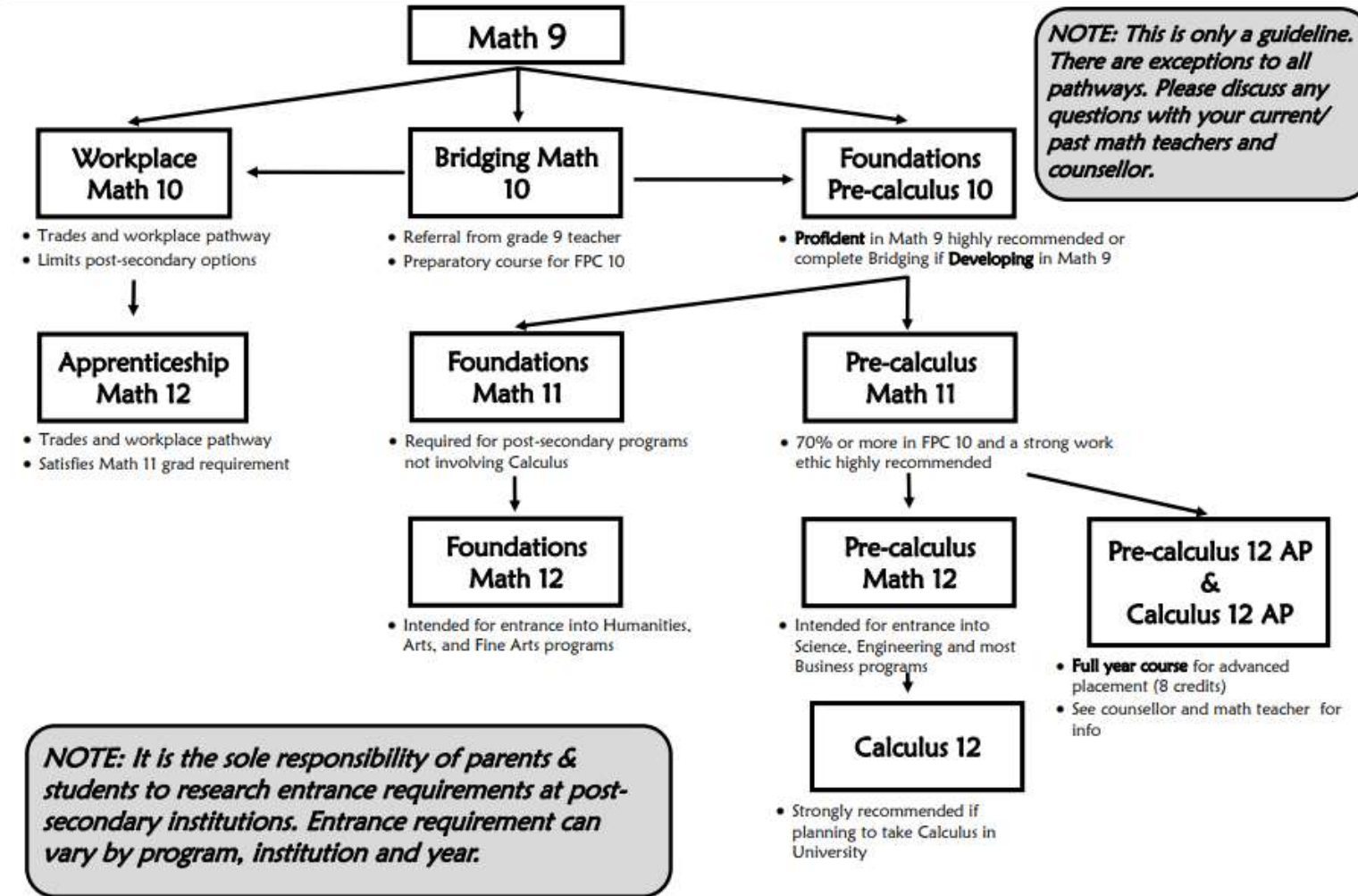
SOCIAL STUDIES



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

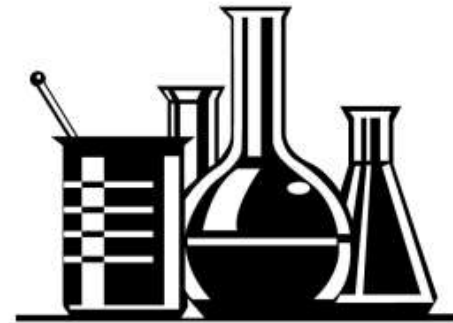
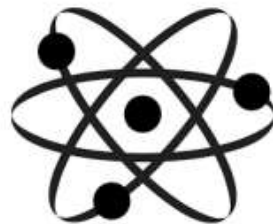
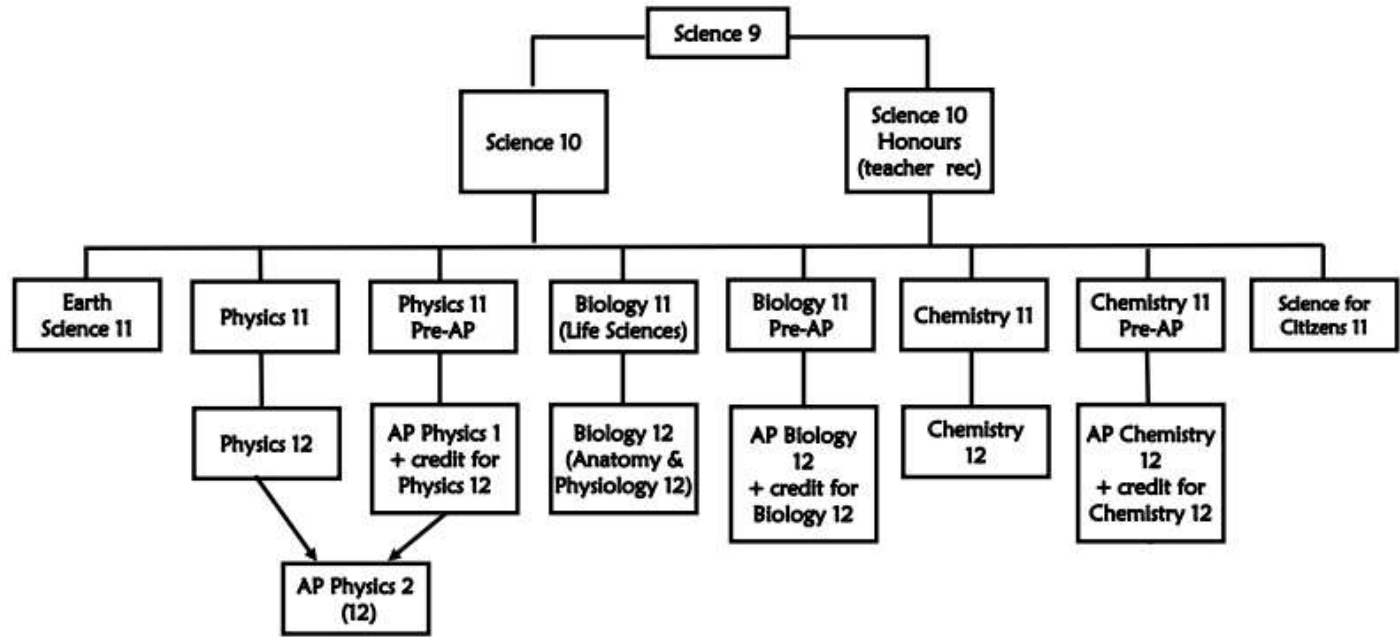
MATHEMATICS



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

SCIENCE



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

MATH - WORKPLACE

Foundations of Math 9

(If students achieve minimal success, they will be recommended for Workplace Math 10)

Workplace Math 10

Foundations of Math 10

Apprenticeship 12

✓ University
Transfer ARTS
(OC)

✓ Many trades

If students achieve minimal
success in Foundations 10

If students have questions about which math course they should be taking, they should check for information about the program they are interested in, and consult with their teacher, counsellor and parents.

MATH – FOUNDATIONS

Foundations of Math 10

Foundations 11

Success in Foundations 10

✓ **University Transfer Arts (OC)**

✓ **Arts @ UBC-O, UBC-V, UVIC, & SFU**

Foundations 12

Arts, Fine Arts & Social Sciences Degree @ All Universities & Colleges

Pre-Calculus 11

Success in Foundations 10

✓ **University Transfer Sciences (OC)**

✓ **Sciences @ UBC-O, UBC-V, UVIC, & SFU**

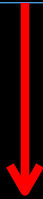
Pre-Calculus 12

Sciences, Engineering, Business & Medicine @ all Universities & Colleges

MATH 12 – CALCULUS & AP

Pre-Calculus 12

✓ **SCIENCES & BUSINESS @ OC, UBC-V, UBC-O, UVIC, & SFU**

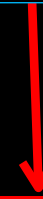


Calculus 12

Strongly recommended for Engineering, Science or Math programs in post-secondary

Pre-Calculus 12 AP


✓ **SCIENCES & BUSINESS @ OC, UBC-V, UBC-O, UVIC, & SFU**



Calculus 12 AP

Strongly recommended for Engineering, Science or Math programs in post-secondary

AP Pathway = High School & University Credits



ELECTIVE PROGRAMS

What about a LANGUAGE?

great idea!

BUT is a 2nd language required ??

For graduation? **NO**

For trades or vocational programs? **NO**

For university entrance? ... **maybe**

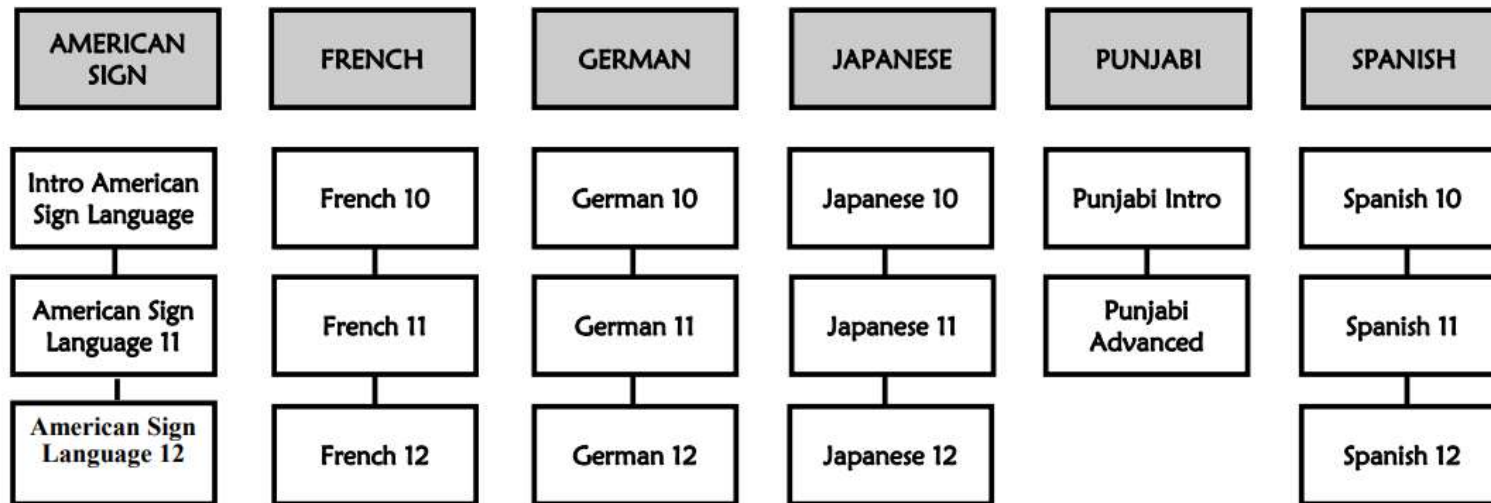
A Language 11 keeps all options open



!

Modern Languages

MODERN LANGUAGES



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

Applied Skills: Business Education

APPLIED SKILLS: HOME ECONOMICS



PROFESSIONAL
COOK'S
TRAINING

Culinary Arts
Introduction

Culinary Arts
Intermediate

Culinary Arts
Advanced

FOOD STUDIES

Food Studies
Introduction

Food Studies
Advanced

HUMAN
SERVICES

Child
Development and
Caregiving 11

Child
Development and
Caregiving 12

TEXTILE
STUDIES

Fashion and
Sewing
Introduction

Fashion and
Sewing
Intermediate

Fashion and
Sewing Advanced

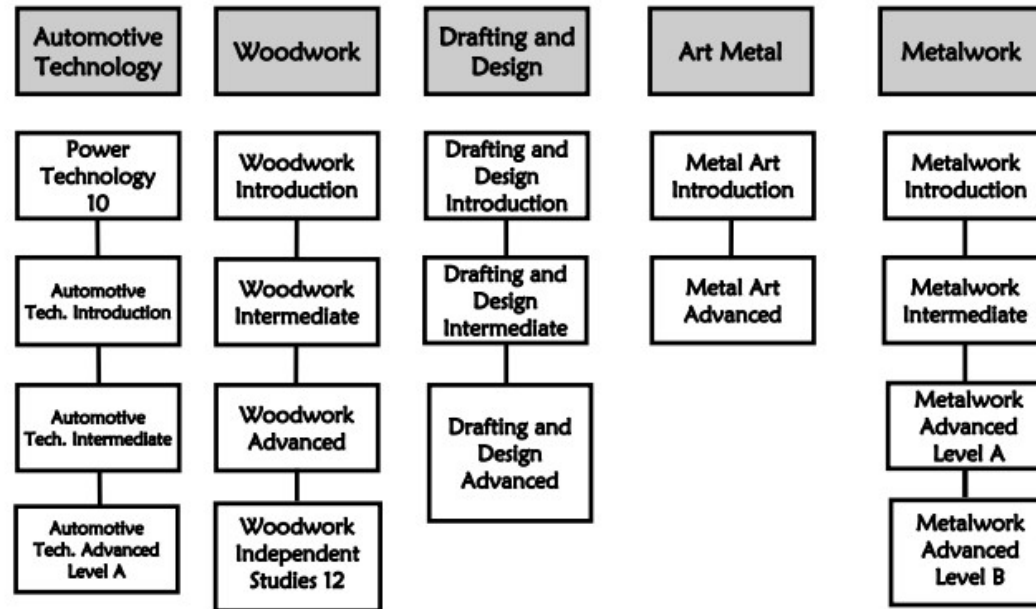
Fashion Industry:
Independent Study



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

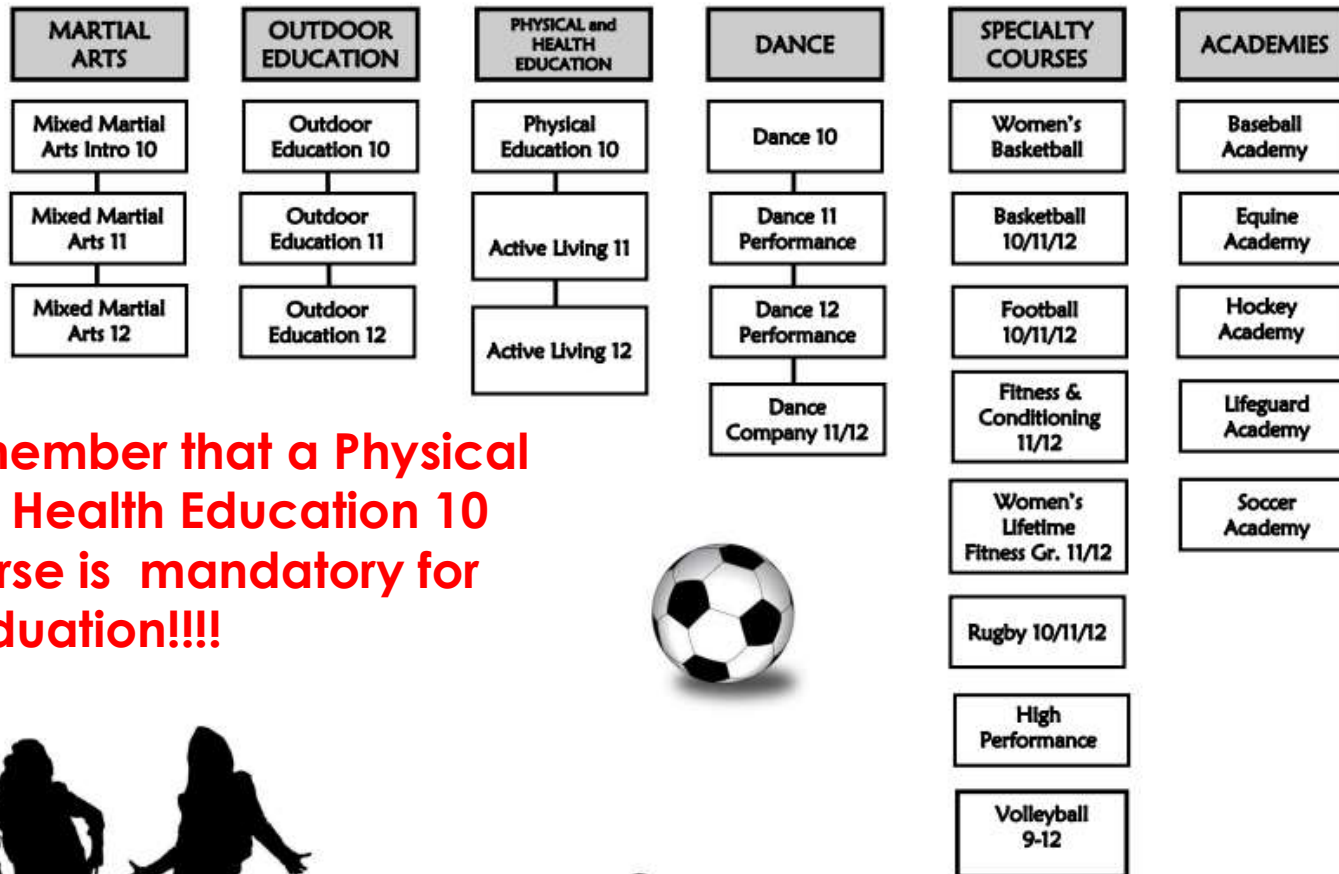
TECHNOLOGY EDUCATION



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

PHYSICAL AND HEALTH EDUCATION



Remember that a Physical and Health Education 10 course is mandatory for graduation!!!!



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

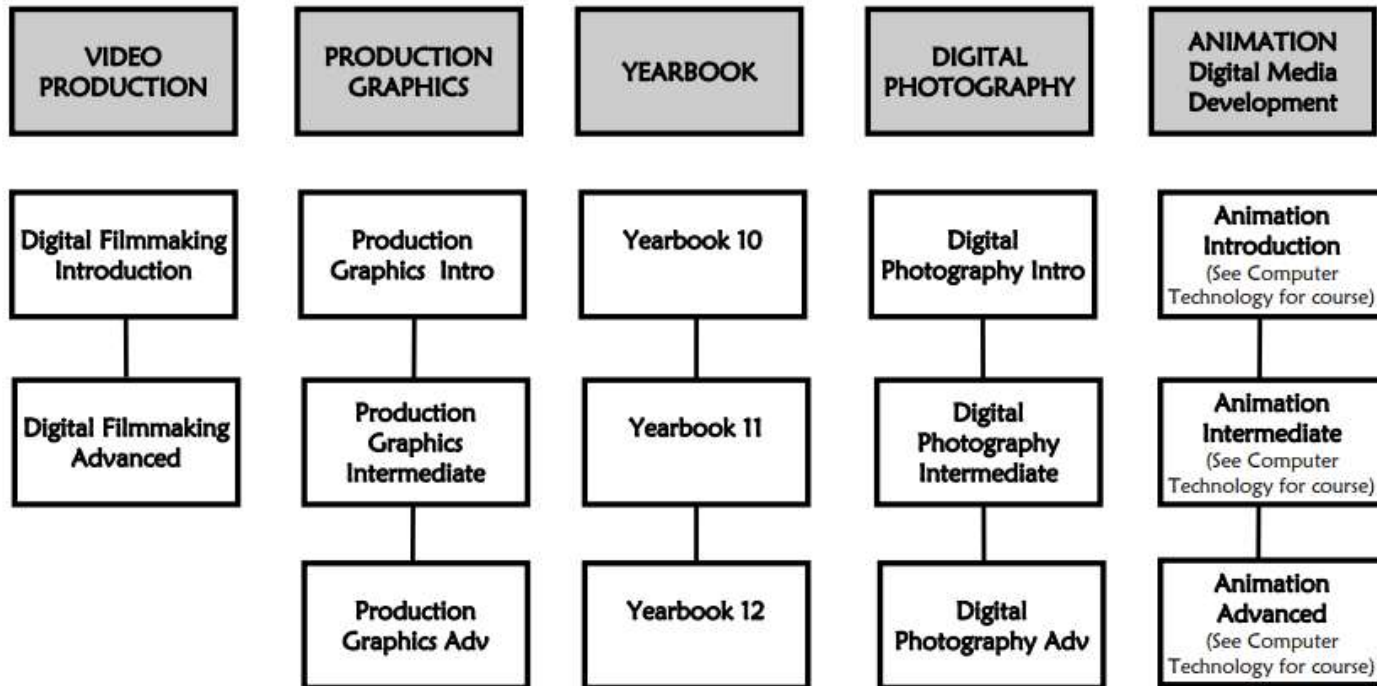
Leadership 10-12

Is in timetable and outside timetable(Leadership Excellence)

Get involved around the school organizing events, providing service in the school and community

Course offerings dependent upon # of participants.

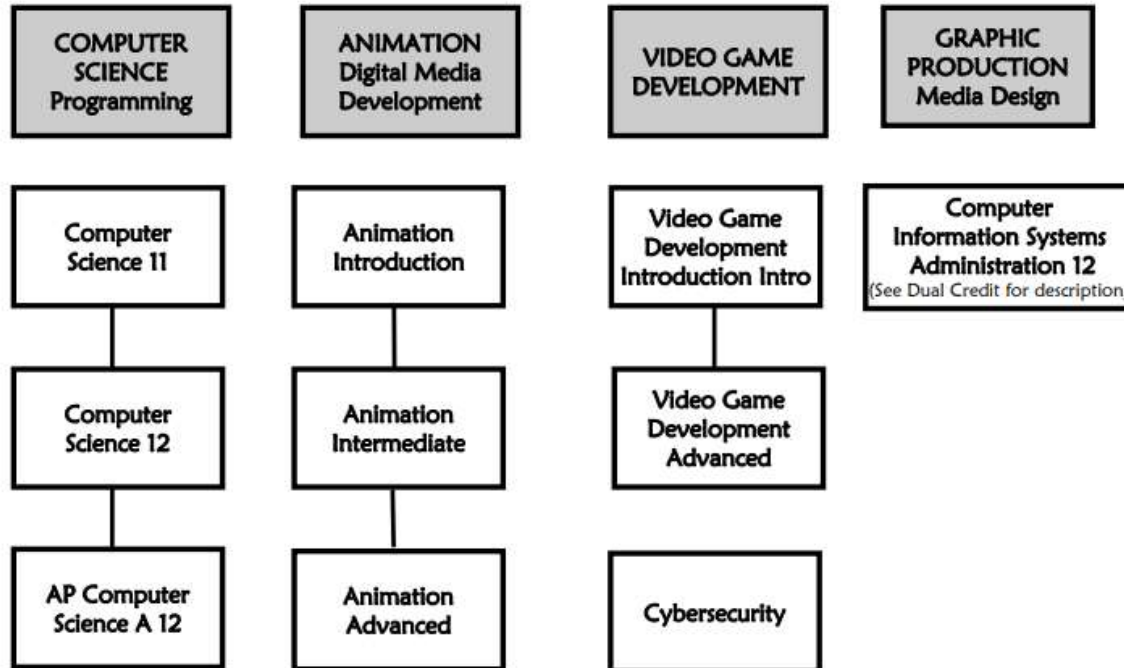
MEDIA PRODUCTION



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

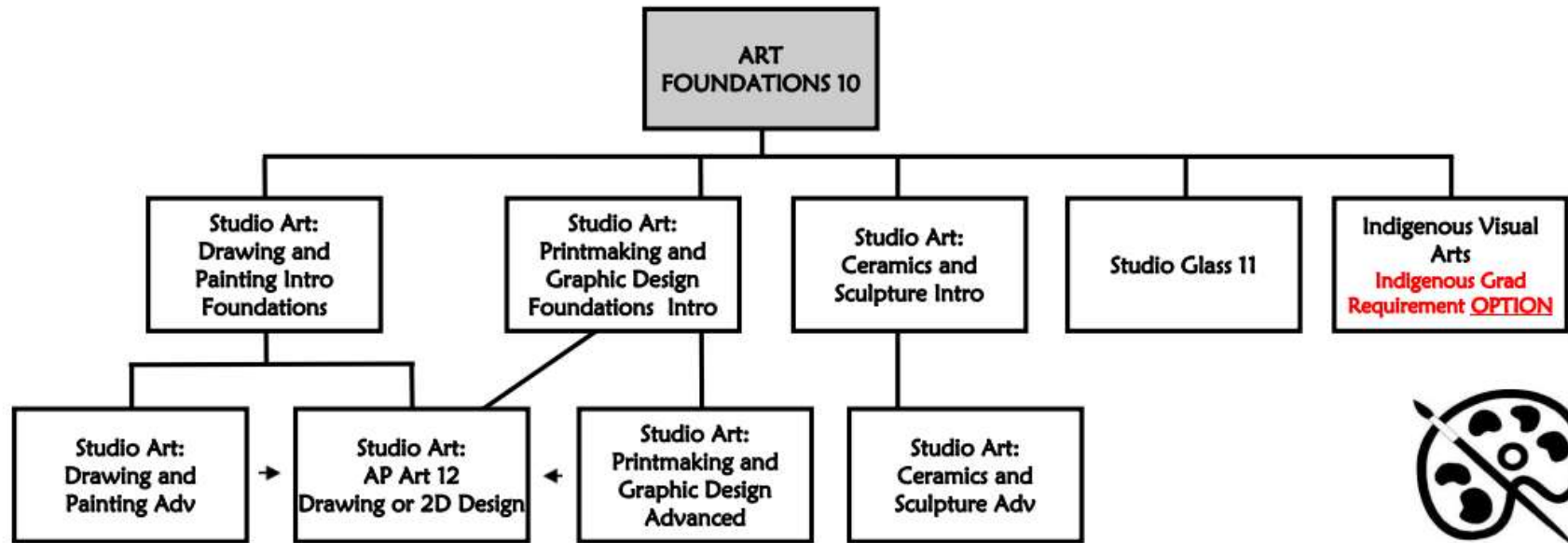
COMPUTER TECHNOLOGY



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

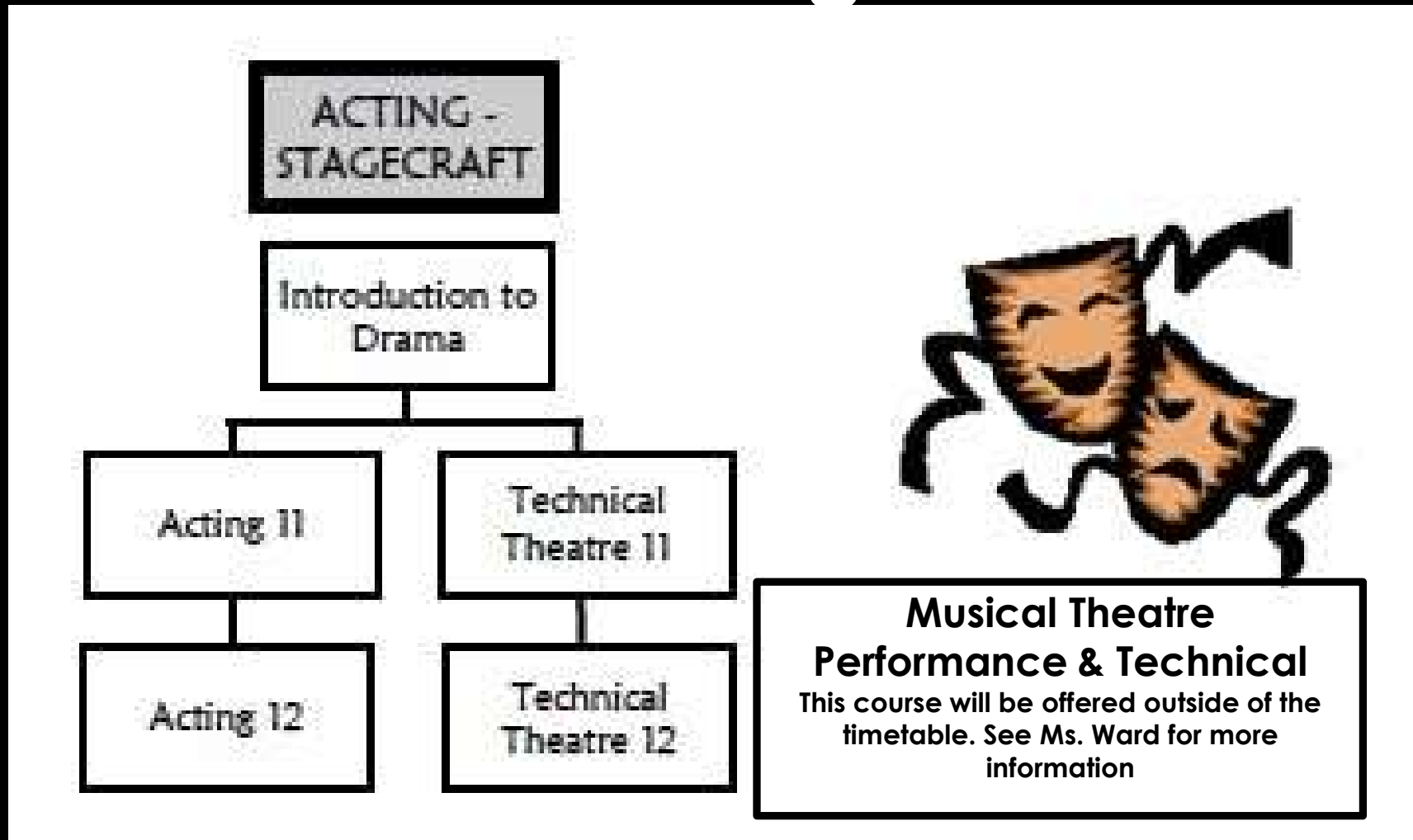
ART



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

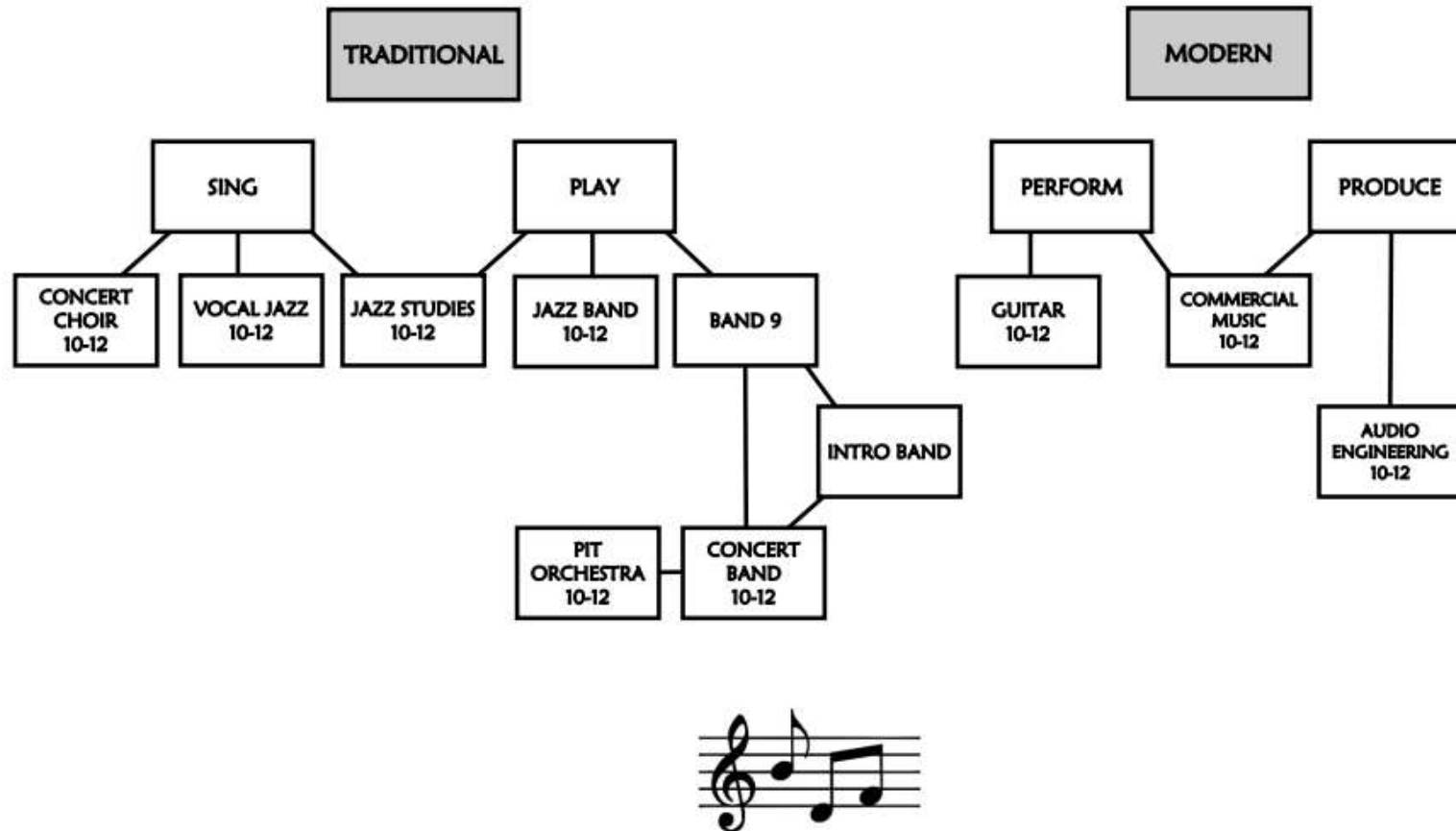
Performing Arts



See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

MUSIC



Note: All Music courses usually culminate with a spring performance tour.

See the Course Description Booklet online for course information.

Course offerings dependent upon # of participants.

PSYCHOLOGY

PSYCHOLOGY 11

YPSYC1A-45

Credits: 4

Prerequisite: None

This course is an introductory survey course in psychology. Psychology 11 will investigate some or all of the following topics:

- Communication skills
- Schools of Psychology (understanding psychology and psychological methods)
- The Brain and the Nervous System
- Perception, Learning, Thinking and Intelligence and Memory
- Motivation and Emotion
- Personality
- Psychological Disorders
- Psychotherapies
- Social interaction - attitudes and values
- Stress and coping skills



PSYCHOLOGY 12

YPSYC2A-45

Credits: 4

Prerequisite: PSY 11

This program is for students who are interested in exploring the teaching profession as a possible career. Topics will include: What makes a good teacher? Learning/Teaching Styles, Developing a Positive Atmosphere, Teaching Strategies, Interpersonal/Communication Skills, Group Dynamics and the Psychology of Child Development. Students will also experience job shadowing at primary and intermediate schools. Finally, students will be expected to plan, present and evaluate their own lesson.

Course offerings dependent upon # of participants.

INDIGENOUS LEARNING COMMUNITY

- This will be run as a full day course
(every other day, all year)
- For more information please see your Advocate or Counsellor
- *See the Course Description Booklet online for course information.*

EXTERNAL CREDITS

A student can earn school credits for some specific programs:

- **Driver Training Course**
- **Girl Guides / Cadets**
- **Provincial & National level sport teams**
- **NLS & Bronze Cross (swimming)**
- **Royal Conservatory Music levels**

**Credits are given for SPECIFIC levels of participation as determined by the Ministry of Education. Check with your counsellor.*

Online Education

Be realistic!
This is NOT the
'easier' way.



****Gr 12: online courses required for graduation must be on track for completion by middle of May**

****Gr 12: courses for entrance to UBC must be done by Feb. 1st to be used in early admission decisions**

FAQ'S

- 1) When can I get a study block (spare)?
- 2) What is WEX?



PLAN CAREFULLY!

Your Counsellor will do their best to make sure you get the course you request, however, some courses may not run due to low enrollment.

COURSE SELECTION DATES

Courses will be selected in D-Block from
February 19-27 through the [MyEd Portal](#)

The MyEd portal will be open for students to
make changes to selected courses until
March 3rd

YOUR HOMEWORK

- Refer to the [Course Description Booklet](#) and fill out the course selection sheet with the courses you want to take next year
- Make sure that you can access the Student MyEd Portal
- Be in class on the day off the in-class Course Selection or complete on your own time within one week of this presentation

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LOG IN

What are you looking for?

RUTLAND
SENIOR SECONDARY

Rutland Senior

Home
About RSS +
Programs +
Services +
Parents +
Resources
Students -

Counselling Department
Course Selections
Grad
MyEd Portal

Scholarships and Awards
Supplies
Transcripts and Diplomas

Rutland Senior
Welcome

School Community Student Learning Plan

Documents & Publications

Bell Schedule

9:00 am - 10:15 am	10:15 am - 10:24 am	10:24 am - 11:45 am	11:45 am - 12:29 pm
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<https://rss.sd23.bc.ca/students>

QUESTIONS?

**Course Descriptions &
Course Selection
On the **RSS Website****

2025 – 2026 – Next Year