

**Rutland  
Senior  
Secondary**



Grade 10-12 Course Selection

2026/ 2027



# Couse Selection Resources

The course description booklets and planning sheets for 2026-2027 are available on the RSS homepage under the Student tab !!

RSS.sd23.bc.ca

← → ↻ rss.sd23.bc.ca ★ 🔍 ⚙️ Finish update ⋮

LOG IN

**RUTLAND**  
SENIOR SECONDARY

Rutland Senior

Home  
About RSS  
Programs  
Services  
Parents  
Resources  
**Students**

What are you looking for?

**Rutland Senior**  
Welcome

Counselling Department  
Course Selections  
Grad  
MyEd Portal  
Scholarships and Awards  
School Supplies  
Transcripts and Diplomas

School Community Student Learning Plan

Documents & Publications

**Bell Schedule**

9:00 am - 10:15 am  
10:15 am - 10:24 am  
10:24 am - 11:45 am  
11:45 am - 12:29 pm

Cont Us >

https://rss.sd23.bc.ca/students



# Check out some of the great programs offered at RSS

The screenshot shows the website for Rutland Senior Secondary (RSS) at [rss.sd23.bc.ca](https://rss.sd23.bc.ca). The left sidebar contains a navigation menu with the following items: Home, About RSS, Programs (highlighted in yellow), Services, Parent Resources, and Student Resources. A large red arrow points to the 'Programs' link. The main content area features a large background image of the school building. Overlaid on this is a yellow box containing a grid of program categories. To the right, there are two featured sections: 'School Community Student Learning Plan' with an image of students in a huddle, and 'Documents & Publications' with an image of a student in a library. The bottom of the page has a blue footer with a social media icon and a schedule of hours.

**RUTLAND**  
SENIOR SECONDARY

Rutland Senior

Home

About RSS

**Programs**

Services

Parent Resources

Student Resources

Contact Us >

9:00 am - 10:15 am

10:15 am - 10:24 am

10:24 am - 11:45 am

11:45 am - 12:29 pm

Advance Placement	Dual Credit	Lifeguarding Academy
Alternate Education	Emergency Medical Responder	Operation Take 2
Athletics	Equine Learning Academy	Outdoor Education
Baseball Academy	Firefighting	Raven Theatre
BCIT @ RSS	Forestry	RSS Dance
Career Life Programs	Golf Learning Academy	RSS Music Department
Course Descriptions & Course Selection	Central Okanagan Hockey Skills Academy	RSS Playschool
Cutter's Edge		RSS Soccer Academy

What are you looking for?

School Community Student Learning Plan

Documents & Publications



# INSTRUCTIONS FOR ONLINE COURSE SELECTION 2026-2027

The screenshot displays the Rutland Senior Secondary website. The browser address bar shows [rss.sd23.bc.ca](https://rss.sd23.bc.ca). The left sidebar contains a navigation menu with the following items: Home, About RSS, Programs, Services, Parents, Resources, and Students. The 'Students' item is highlighted in yellow and has a red arrow pointing to it. Below the 'Students' link, a yellow box contains a list of links: Counselling Department, Course Selections, Grad, MyEd Portal, Scholarships and Awards, School Supplies, Transcripts and Diplomas. The main content area features a large banner image of the school building with the text 'Rutland Senior' and 'Welcome'. To the right of the banner, there are two smaller images: one showing a group of students in a circle with the text 'School Community Student Learning Plan', and another showing a student in a library with the text 'Documents & Publications'. At the bottom of the page, there is a 'Bell Schedule' section with a table of time slots.

← → ↻ rss.sd23.bc.ca ★ ⚡ ⚙️ Finish update ⋮

LOG IN

**RUTLAND**  
SENIOR SECONDARY

Rutland Senior

Home  
About RSS  
Programs  
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Parents  
Resources  
**Students**

Counselling Department  
Course Selections  
Grad  
MyEd Portal  
Scholarships and Awards  
School Supplies  
Transcripts and Diplomas

What are you looking for?

**Rutland Senior**  
Welcome

School Community Student Learning Plan

Documents & Publications

**Bell Schedule**

9:00 am - 10:15 am	10:15 am - 10:24 am	10:24 am - 11:45 am	11:45 am - 12:29 pm
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<https://rss.sd23.bc.ca/students>

# GRADUATION REQUIREMENTS

**Gr 10 + Gr. 11 + Gr. 12 = 80 credits minimum**

## GRADE 10

- An English 10
- Social Studies 10
- Science 10
- a Mathematics 10
- a PE 10
- Career Life Education
- Numeracy Assessment
- Literacy Assessment

## GRADE 11

- An English 11
- a Social Studies 11 or 12
- a Mathematics 11
- a Science 11
- 

## GRADE 12

- An English 12
- \_\_\_\_\_ 12
- \_\_\_\_\_ 12
- \_\_\_\_\_ 12
- 
- Literacy Assessment

**A 4-credit Indigenous Content Course  
PLUS additional courses (electives) at Gr 10, 11, & 12**

[Link to Grad Planning Page](#)

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

**GRADUATION PLANNING**

We strongly recommend students discuss their plan with a Parent / Guardian. Students are encouraged to carefully research post-secondary education programs as entrance requirements may demand specific high school courses as pre-requisites.

**Every student will need to complete a 4-credit Indigenous-Focused Course as part of their grad requirement. Current courses that satisfy this requirement are: English First Peoples 10 (EFP 10), EFP 11, EFP 12, Contemporary Indigenous Studies 12, and BC First Peoples 12, Indigenous Art 10-12**

GRADE 10 REQUIREMENTS	CREDITS	
<input type="checkbox"/> English 10 -Composition(2cr) + course option selected (2cr))	4	<b>=32</b> credits
<input type="checkbox"/> Social Studies 10	4	
<input type="checkbox"/> Science 10	4	
<input type="checkbox"/> Career Life Education 10	4	
<input type="checkbox"/> Math 10 _____	4	
<input type="checkbox"/> PE 10 _____	4	
<input type="checkbox"/> Applied Skill or Fine Arts 10 or 11 _____	4	
<input type="checkbox"/> Elective _____	4	
<b>GRADE 11 REQUIREMENTS</b>		
<input type="checkbox"/> English 11 _____	4	<b>=32</b> credits
<input type="checkbox"/> Social Studies 11 or 12 _____	4	
<input type="checkbox"/> Science 11 _____	4	
<input type="checkbox"/> Math 11 or 12 _____	4	
<input type="checkbox"/> Career Life Connections (4 Credit)	2	
<input type="checkbox"/> Elective _____	2	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<b>GRADE 12 REQUIREMENTS</b>		
<input type="checkbox"/> English 12	4	<b>=30</b> credits
<input type="checkbox"/> Career Life Connections 12B + Capstone Presentation	2	
<input type="checkbox"/> <b>3 other courses must be at Gr. 12 level by graduation</b>	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<input type="checkbox"/> Elective _____	4	
<b>GRADUATION ASSESSMENTS</b>		
<input type="checkbox"/> GR 10 NUMERACY <input type="checkbox"/> GR 10 LITERACY <input type="checkbox"/> GR 12 LITERACY		<input type="checkbox"/> INDIGENOUS COURSE
<b>TOTAL CREDITS: (80 credits minimum for graduation)</b>		_____

# MANDATORY ASSESSMENTS

## Grade 10 Numeracy Assessment

Math and numbers  
Assessment taken in  
Grade 10

## Grade 10 Literacy Assessment

English Reading and  
writing assessment  
taken in grade 10

## Grade 12 Literacy Assessment

Another English  
Reading and writing  
assessment taken in  
grade 12

**\*All 3 must be completed as part of  
your Grad Requirements**

UBC currently requires  
a 3 out of 4 on this for  
entrance



# Indigenous Focus Requirement

You can choose an Indigenous focus English in grade 10, 11 or 12

You can choose an Indigenous focus Social Studies in grade 11 or 12.

You can choose Indigenous Visual Arts

You can take several Indigenous focus classes if you want but you **MUST** take at least one.



# Grade 12s will receive a copy of their Diploma Verification Record in Homeroom at the beginning of September

## How to Read Your DVR (Diploma Verification Record)

1. **What is a DVR?** It is a record of all the classes you have taken since grade 10, the grades and the credits you received for those courses. It is not your official transcript but it shows the same information
2. **Why is it important?** If you are missing credits (less than 80) or missing required courses (boxes at the top not checked) **YOU WILL NOT GRADUATE.**
3. **You do not need to panic but you do need to act quickly.** If you have less than 80 potential credits or any box other than grade 12 literacy assessment not checked, **fill out a course change request** immediately to fix it.

Are all the boxes marked  
**except Literacy 12?**  
Yes? Good relax.  
No? contact counsellor  
using course change request  
form.

2323044 - Rutland Senior Secondary			Page 1 of 1		
BC Diploma Verification					
2023 - EN English Grad Program			30-Aug-2023 3:18 PM		
<input checked="" type="checkbox"/> LA0-Language Arts 10	4	<input checked="" type="checkbox"/> LA1-Language Arts 11	4	<input checked="" type="checkbox"/> LA2-Language Arts 12	4
<input checked="" type="checkbox"/> AST-Applied Design, Skills & Tech	4	<input checked="" type="checkbox"/> CLC-Career Life Connections	4	<input checked="" type="checkbox"/> CLC-Career Life Ed	4
<input checked="" type="checkbox"/> IND-Indigenous Grad Requirement	4	<input checked="" type="checkbox"/> MA0-Mathematics 10	4	<input checked="" type="checkbox"/> MA1-Mathematics 11 or 12	4
<input checked="" type="checkbox"/> PH0-Physical & Health Ed 10	4	<input checked="" type="checkbox"/> SC0-Science 10	4	<input checked="" type="checkbox"/> SC1-Science 11 or 12	4
<input checked="" type="checkbox"/> SS0-Social Studies 10	4	<input checked="" type="checkbox"/> SS1-Social Studies 11 or 12	4	<input checked="" type="checkbox"/> NDC-Elective	28
<input checked="" type="checkbox"/> LTA10-Literacy 10 Assessment		<input type="checkbox"/> LTA12-Literacy 12 Assessment		<input checked="" type="checkbox"/> NMA10-Numeracy 10 Assessment	

This will not be  
marked yet.

Are these courses  
Correct? If something  
Is missing or wrong,  
Contact your counsellor  
(must have at least 16 credits of  
grade 12 courses including English  
12)

More than 80 credits?

Yes? Good. Relax. but if it is  
exactly 80 credits you may  
want to add another course  
just to be safe.

No? Contact your counsellor

LTA10-Literacy 10 Assessment											
LTA12-Literacy 12 Assessment											
NMA10-Numeracy 10 Assessment											
Course	Completion Date	Course Description	Diploma Category	Potential Credits	Earned Credits	Internal Mark	School Mark	Prove Exam Date	Exam Mark	Final Mark	Notes
MAAM-10-2T	13-Nov-21	MEDIA ARTS 10 (10 WEEK)	NDC		2						
MMUCH10-4L	22-Jun-22	CHORAL MUSIC: CHAMBER CHOR 10 (LINEAR)	AST		4						
MPHED10-4S	17-Jun-22	PHYSICAL AND HEALTH EDUCATION 10	PHD		4						
MCLEA10-2T	28-Jan-22	CAREER LIFE EDUCATION 10A (10 WEEK)	CLE		3						
MCLEB10-2T	27-Jan-23	CAREER LIFE EDUCATION 10B	CLE		2						
MLTST10-2T	27-Jan-22	LITERARY STUDIES 10	LA0		2						
MCMP510-2T	28-Feb-22	COMPOSITION 10	LA0		2						
MSS-10-4S	22-Jun-22	SOCIAL STUDIES 10	SS0		4						
MSC-10-4S	22-Jun-22	SCIENCE 10	SC0		4						
MFMP-10-4S	28-Jan-22	FOUNDATIONS OF MATH AND PRE-CALCULUS 10	MA0		4						
MSP-10-4S	30-Jan-22	SPANISH 10	NDC		4						
MTDRF11-4S	27-Jan-23	DRAFTING & DESIGN 11	NDC		4						
YPSYC1A-4S	02-Feb-23	PSYCHOLOGY 11	NDC		4						
MFTCD11-4S	23-Jun-23	STRENGTH FITNESS AND CONDITIONING 11	NDC		4						
YLRA-1E-4S	23-Jun-23	MIXED MARTIAL ARTS 11	NDC		4						
MLTST11-4S	23-Jun-23	ENGLISH 11 NEW MEDIA & LITERARY STUDIES	LA1		4						
MPH-11-4S	23-Jun-23	PHYSICS 11	SC1		4						
MPREC11-4S	24-Jun-22	PRE-CALCULUS 11	MA1		4						
MFOOD11-4S	26-Jan-24	FOOD STUDIES 11	NDC	4							
MCLCA12-2S	27-Jan-23	CAREER-LIFE CONNECTIONS A	CLC		2						
MHGEO12-4S	28-Jan-23	HUMAN GEOGRAPHY 12	SS1		4						
MCLCB12-2SA	06-Nov-23	CAREER LIFE CONNECTION 12B AM	CLC	2							
MENFP12-4S	26-Jan-24	ENGLISH FIRST PEOPLES 12	LA2,IND	4							
MENT-12-4S	26-Jan-24	ENTREPRENEURSHIP 12	NDC	4							
MTDRF12-4S	26-Jan-24	DRAFTING & DESIGN 12	NDC	4							
TRNA-2A-4S	21-Jun-24	Train: Train in Trades (OC) 12A	NDC	4							
TRNA-2B-4S	21-Jun-24	Train: Train in Trades (OC) 12B	NDC	4							
TRNA-2C-4S	21-Jun-24	Train: Train in Trades (OC) 12C	NDC	4							
TRNA-2D-4S	21-Jun-24	Train: Train in Trades (OC) 12D	NDC	4							

GRADUATION ASSESSMENTS					
Assessment Name	Assessment Code	Grad Req	Session Date	Proficiency	Sp Case
LITERACY ASSESSMENT 10	LTE10	15	04-Nov-21	3	
NUMERACY ASSESSMENT 10	NME10	16	02-Nov-21	2	

* repeated courses are only counted for credit once	# of credits at the grade 12 level*	30	6	36
	Total Credits*	34	68	102

**\*It is your responsibility to make sure you have everything you need to graduate and reach your educational goals.** Counsellors and admin will make every effort to help you and double check your DVR. Do not ignore a problem on your DVR. It will not go away and it may be too late to fix once we notice the problem.

# EXTERNAL CREDITS

A student can earn school credits for some specific programs:

- Driver Training Course
- Girl Guides / Cadets
- Provincial & National level sport teams
- NLS & Bronze Cross (swimming)
- Royal Conservatory Music levels

*\*Credits are given for SPECIFIC levels of participation as determined by the Ministry of Education. Check with your counsellor.*



# PLANNING FOR THE FUTURE

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~ Different Paths ~

UNIVERSITY

UNIVERSITY  
TRANSFER

TRADES

COLLEGE

WORKFORCE

GAP YEAR

VOLUNTEER  
/ TRAVEL

# IMPORTANT WEBSITES

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**RSS – [www.rss.sd23.bc.ca](http://www.rss.sd23.bc.ca)**

➤ Career Exploration

**myBlueprint <https://app.myblueprint.ca/?sdid=>**

**WorkBC Career Trek <https://www.careertrekbc.ca/>**

**EducationPlannerBC**

**<https://www.educationplannerbc.ca/>**



**Remember, students are responsible for checking institution websites for program requirements**

# ENTRANCE REQUIREMENT CHANGES

- **Some Post Secondary institutions, such as UBC-O, have shifted from a program of study focus to a holistic look at a student's high school experience.**
- **Marks in English and other required courses are still important**
- **These institutions want well rounded students – will be looking at overall average (grades 11 and 12) and all your extra curricular activities**



# PLANNING FOR THE FUTURE

## ~ College to University Transfer ~

- **Take University courses at College in first and second year and then transfer to a University for 3<sup>rd</sup> year**
- **Benefits: cheaper, smaller class sizes, lower grade average required to get in**

# DUAL CREDIT PROGRAMS

**There are three pathways:**

- **School Based Programs (ex: EMR)**
- **BCIT –Computer Information Systems Admin (CISA)**
- **Okanagan College (ex-Welding-Auto Service...)**

Do a trades or other program in grade 12 and get  
highschool and college credit!!

**School District 23 pays the tuition  
(students responsible for other fees).**

# PLANNING for the FUTURE

## ~ Dual Credit Programs

- **Career Programs Coordinators:** Ms Skogstad & Ms Robb
- **Career Programs Managers:** Ms. Robinson & Ms. Ryan

### ACADEMIC DUAL CREDIT

Available to all secondary school students

#### Okanagan College

- Students can enroll in 1 to 2 first-year post-sec. transferable courses.

#### UBC Okanagan

- First year Engineering Course APSC 171

### HEALTH & HUMAN SERVICES

- Admin. Asst. (OC)
- EMR (RSS & Justice Institute of BC)
- Education Asst. (OC)
- Health Care Asst. (OC)
- Office Admin. (OC)

### TRADES AND TECHNOLOGY

#### Okanagan College

- Entry Level Trades Programs

#### BCIT

- Computer Information Systems Administration taken at RSS

#### School Based

- Hairdressing (MBS)
- Auto Service Tech
- Forestry (RSS)
- Apprenticeship (KSS) (ITA Youth Work)



INTERESTED?

Check out the Links below

**SD23 Dual Credit Options:**

**Program intake and dates**

**Action steps (for students):**

- 1. See Mr Werry or Ms. Robinson in the Career Centre**
- 2. Do a Job Shadow – see Ms. Ryan in the Career Centre to sign up**
- 3. Apply for a program and interview**

# Academies

Fees subject to change

- **Equine Learning Academy, February-June, \$600**
- **Soccer Academy, both semesters, \$425 per semester (can take either or both semesters)**
- **Baseball Academy, September-January, \$1200**
- **Hockey Canada Skills Academy, hoping for both semesters, \$1245 per semester**
- **Lifeguard Academy, \$325 for Pre-Lifeguarding 11, \$375 for Pre-Lifeguarding 12**
- **Emergency Medical Responder, \$300**
- **Emergency Medical Responder & Firefighting Academy, \$375**

# Core Courses



## Career Planning Path Required for Graduation:

- **Grade 10 Career Life Education,**
- **Grade 11 Career Life Connections**
- **Grade 12 Capstone with Presentation**
- **Students are also required to complete 30 hours of work or volunteer experience prior to graduation**

# ENGLISH

ENGLISH 9

ENGLISH 10  
(various  
Modules available)

ENGLISH 11  
(various  
modules available)

ENGLISH  
Pre-AP 11

ENGLISH  
STUDIES 12

ENGLISH FIRST PEOPLES 12  
*Indigenous Grad Requirement  
OPTION*

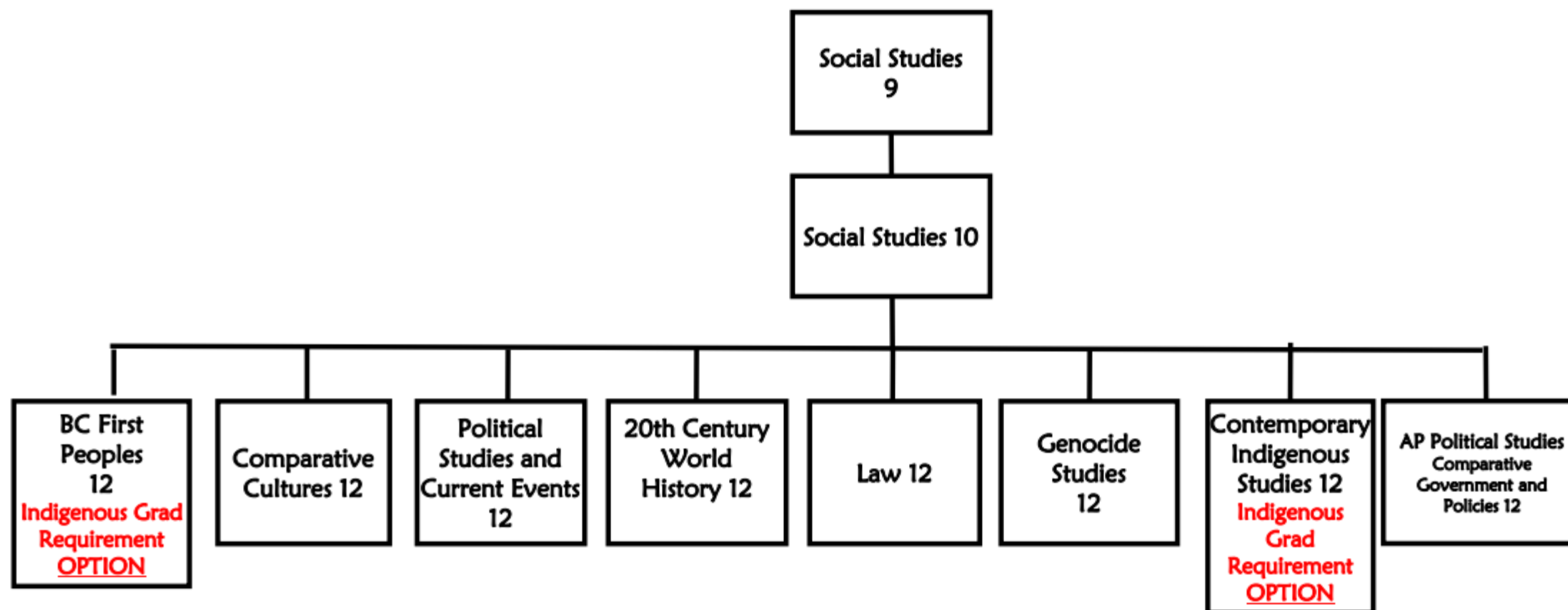
ENGLISH AP 12

CREATIVE  
WRITING 12  
(Elective)

ENGLISH  
LANGUAGE  
LEARNER

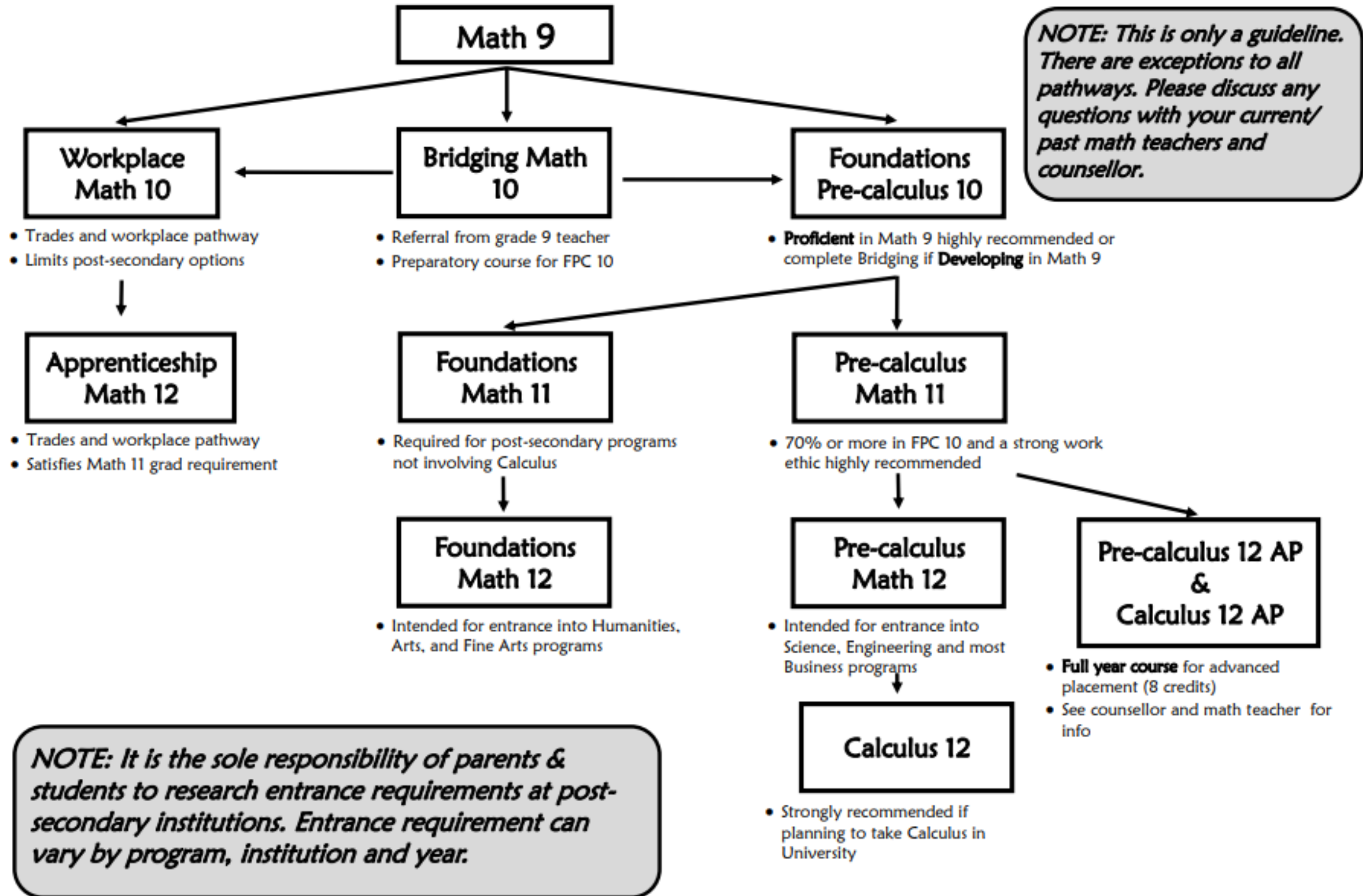
*See the Course Description Booklet online for course information.*

# SOCIAL STUDIES



*See the Course Description Booklet online for course information.*

# MATHEMATICS



**See the Course Description Booklet online for course information.**



# MATH - WORKPLACE

## Foundations of Math 9

(If students achieve minimal success, they will be recommended for Workplace Math 10)

Workplace Math 10

Foundations of Math 10

Apprenticeship 12

✓ University  
Transfer ARTS  
(OC)

✓ Many trades

If students achieve minimal  
success in Foundations 10

If students have questions about which math course they should be taking, they should check for information about the program they are interested in, and consult with their teacher, counsellor and parents.

# MATH – FOUNDATIONS

## Foundations of Math 10

```
graph TD; A[Foundations of Math 10] --> B[Foundations 11]; A --> C[Pre-Calculus 11]; B --> D[Foundations 12]; C --> E[Pre-Calculus 12];
```

### Foundations 11

**Success in Foundations 10**

✓ **University Transfer Arts (OC)**

✓ **Arts @ UBC-O, UBC-V, UVIC, & SFU**

### Foundations 12

**Arts, Fine Arts & Social Sciences Degree @ All Universities & Colleges**

### Pre-Calculus 11

**Success in Foundations 10**

✓ **University Transfer Sciences (OC)**

✓ **Sciences @ UBC-O, UBC-V, UVIC, & SFU**

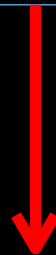
### Pre-Calculus 12

**Sciences, Engineering, Business & Medicine @ all Universities & Colleges**

# MATH 12 – CALCULUS & AP

## Pre-Calculus 12

✓ **SCIENCES &  
BUSINESS @ OC, UBC-V,  
UBC-O, UVIC, & SFU**



## Calculus 12

**Strongly recommended for  
Engineering, Science or  
Math programs in post-  
secondary**

## Pre-Calculus 12 AP

✓ **SCIENCES &  
BUSINESS @ OC, UBC-V,  
UBC-O, UVIC, & SFU**

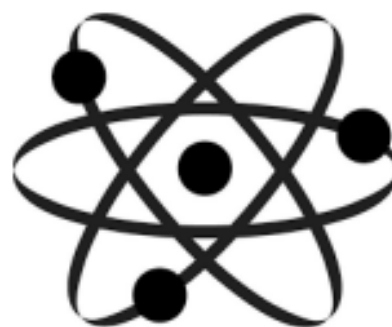


## Calculus 12 AP

**Strongly recommended for  
Engineering, Science or  
Math programs in post-  
secondary**

**AP Pathway = High School & University Credits**

# SCIENCE





# ADVANCED PLACEMENT

*Involves significant commitment outside of regular class time*

**Advanced Placement courses offered at RSS**

**\*Generally need a 4 or 5 on exam for university credit**

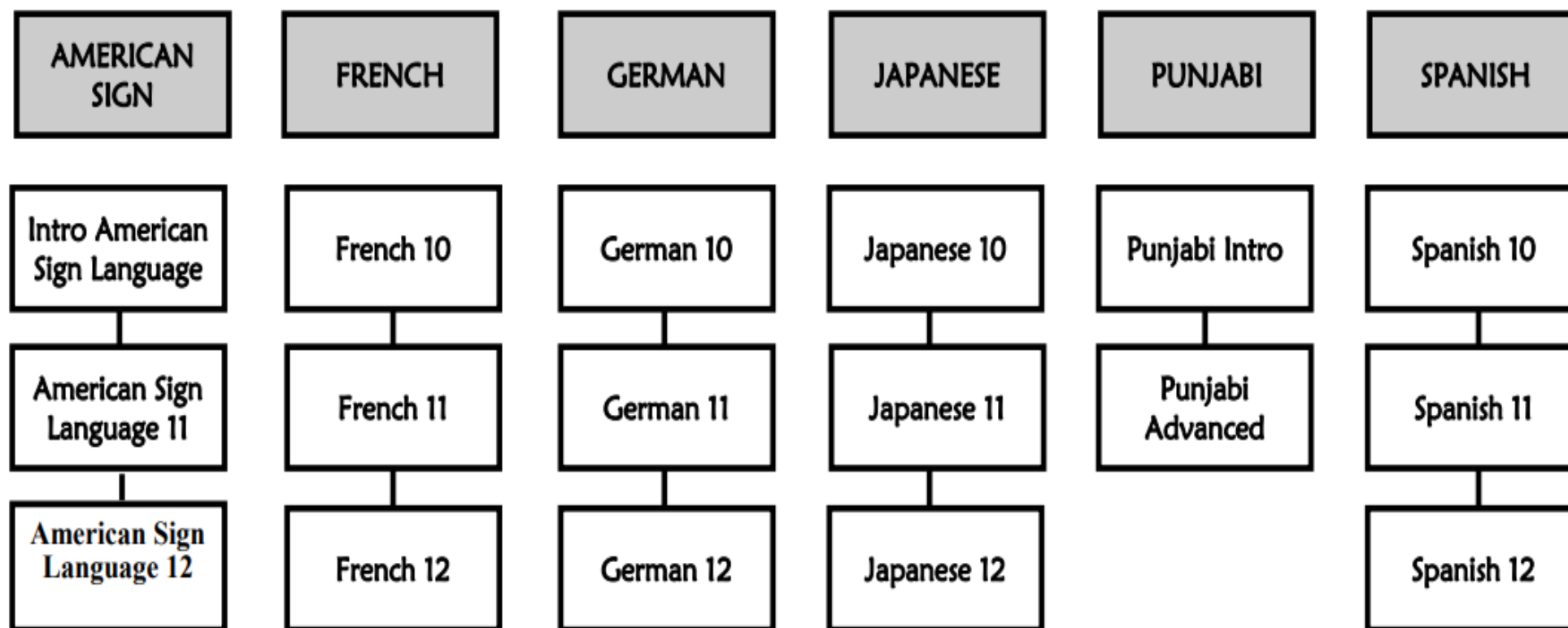
- English AP 12
- AP Chemistry 12
- Physics 12 AP1 and AP2
- AP Biology 12
- Calculus AP 12
- Art 12 AP (Portfolio Requirement)
- AP Computer Science 12
- AP Political Studies: Comparative Government and Politics 12

**Teacher recommendation required for acceptance  
into AP classes**

# ELECTIVE PROGRAMS

# Modern Languages

## MODERN LANGUAGES



*See the Course Description Booklet online for course information.*

## APPLIED SKILLS: HOME ECONOMICS



### PROFESSIONAL COOK'S TRAINING

Culinary Arts  
Introduction

Culinary Arts  
Intermediate

Culinary Arts  
Advanced

### FOOD STUDIES

Food Studies  
Introduction

Food Studies  
Advanced

### HUMAN SERVICES

Child  
Development and  
Caregiving 11

Child  
Development and  
Caregiving 12

### TEXTILE STUDIES

Fashion and  
Sewing  
Introduction

Fashion and  
Sewing  
Intermediate

Fashion and  
Sewing Advanced

Fashion Industry:  
Independent Study



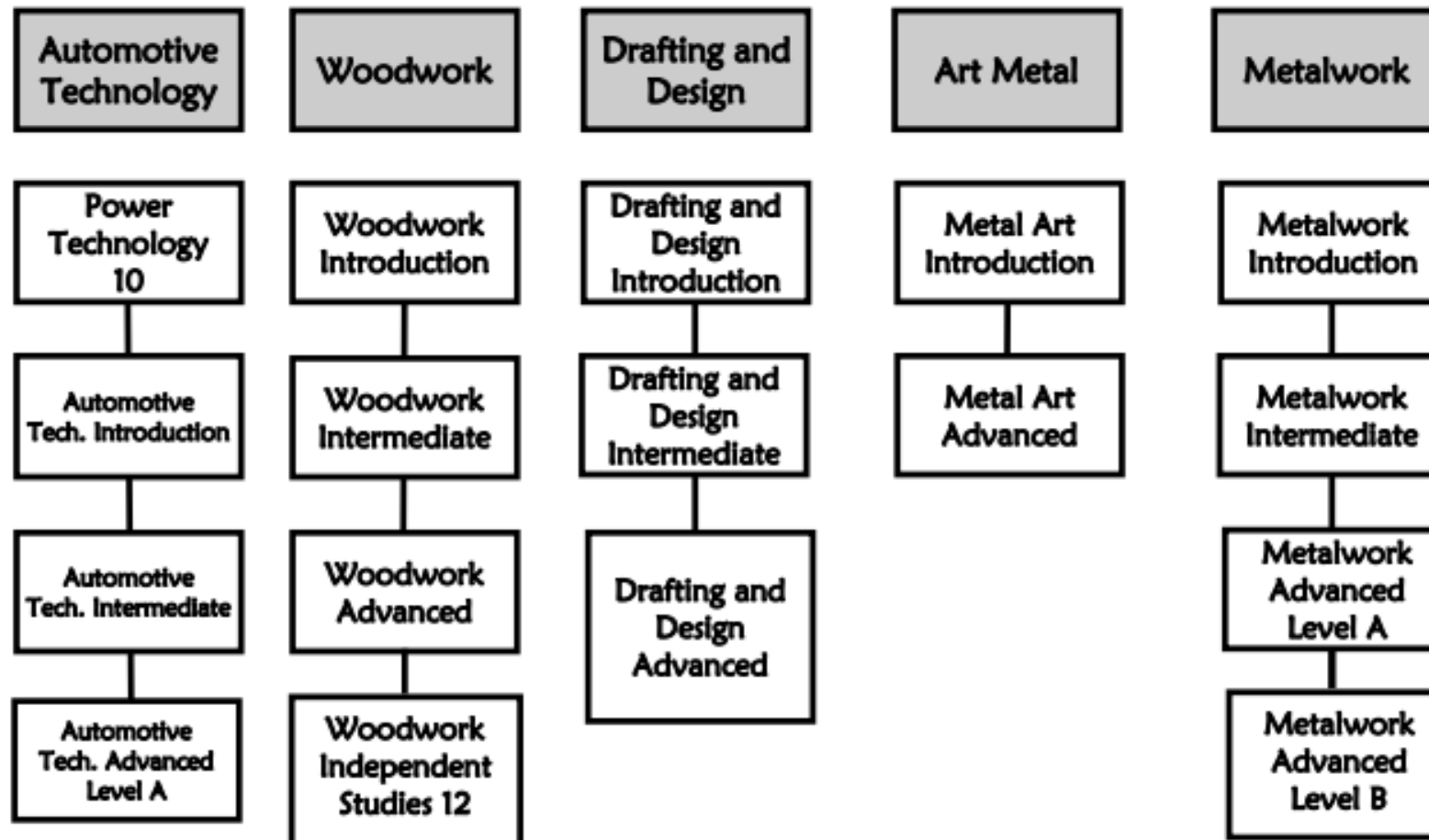
**New  
Textile Arts &  
Crafts**



*See the Course Description Booklet online for course information.*

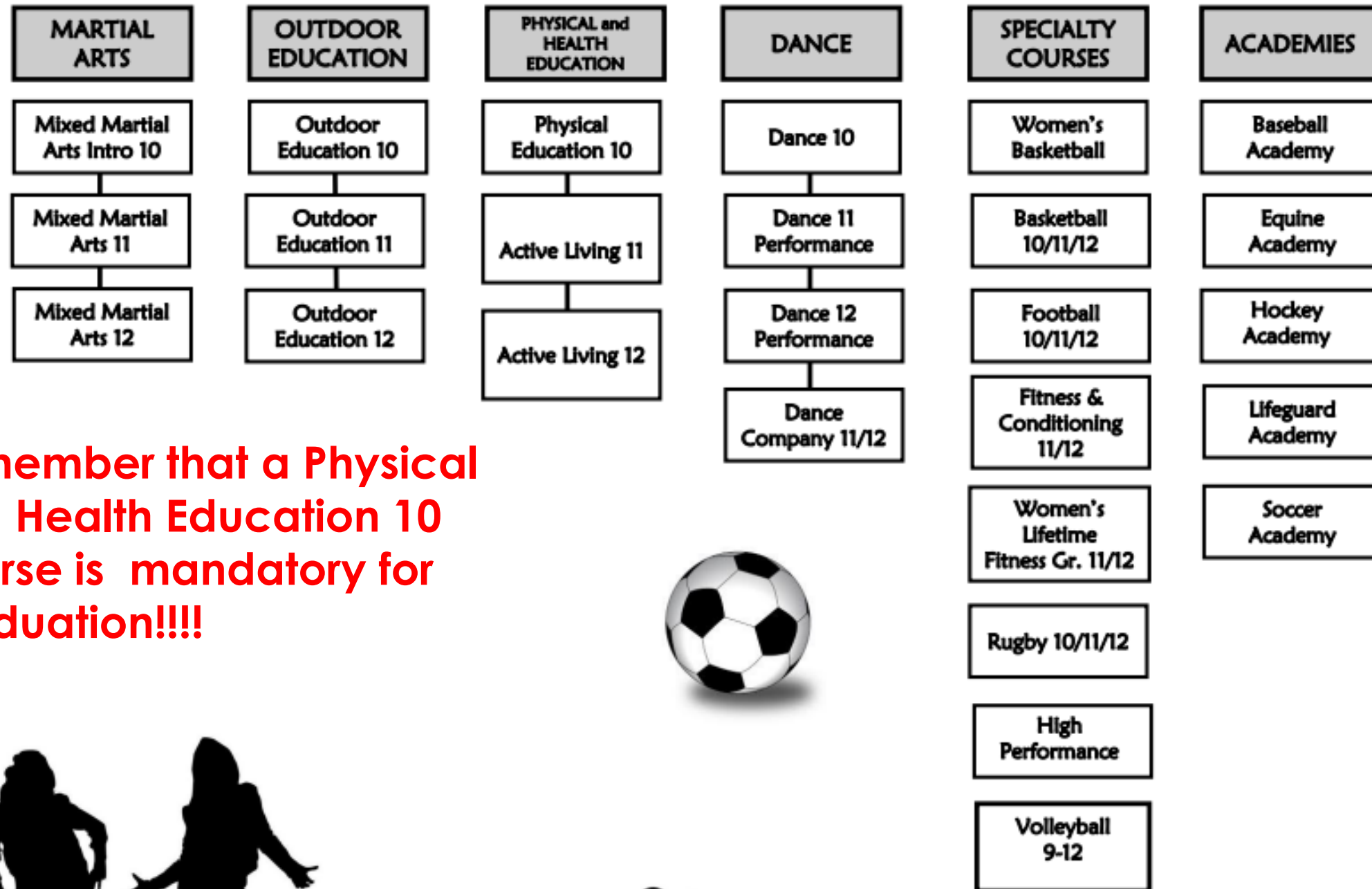


# TECHNOLOGY EDUCATION



*See the Course Description Booklet online for course information.*

# PHYSICAL AND HEALTH EDUCATION



**Remember that a Physical and Health Education 10 course is mandatory for graduation!!!!**



*See the Course Description Booklet online for course information.*

# Leadership 10-12

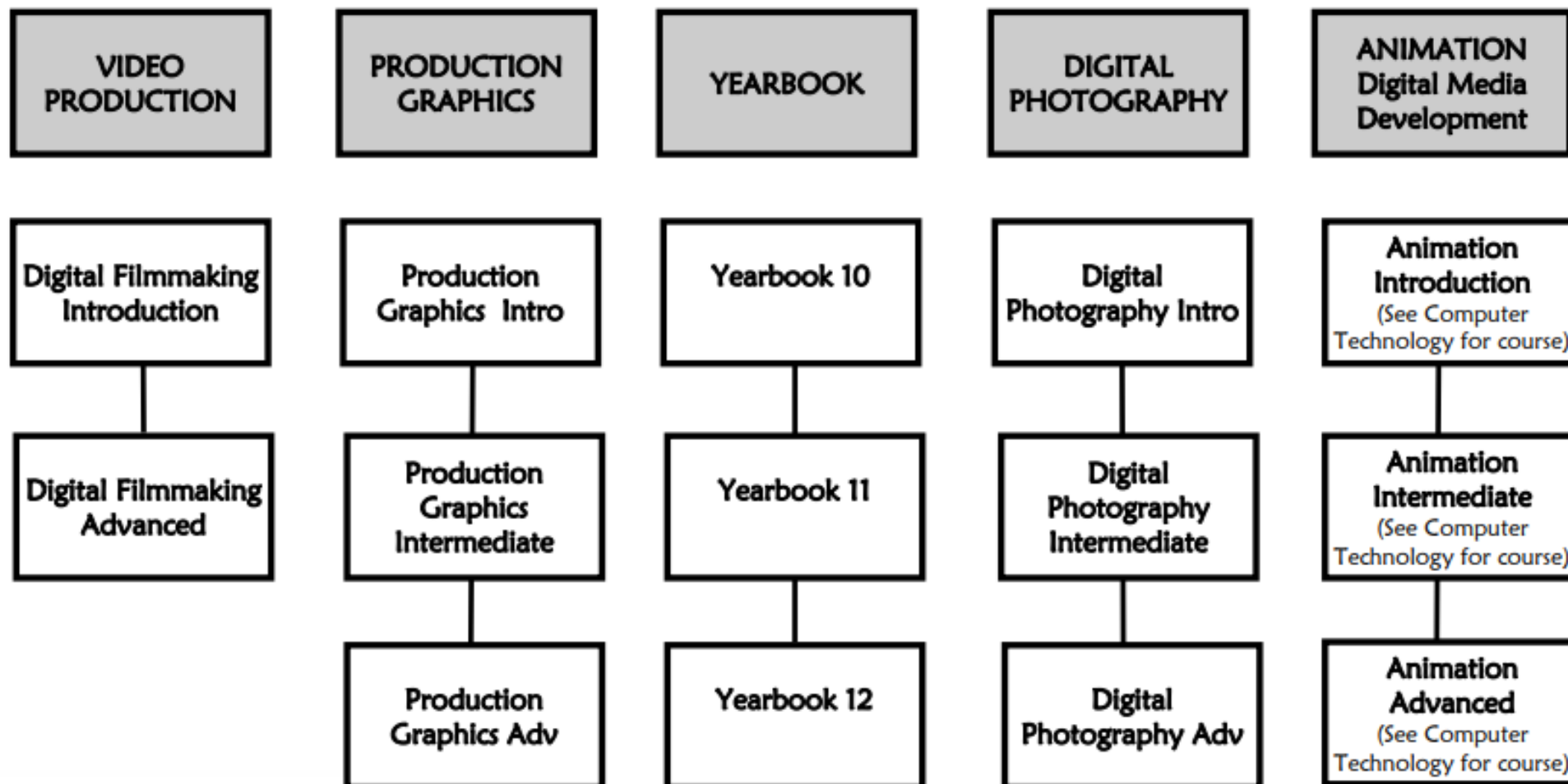
Is in the timetable and outside the timetable(Leadership Excellence)

Get involved around the school  
organizing events, providing service in  
the school and community



*Course offerings dependent upon # of participants.*

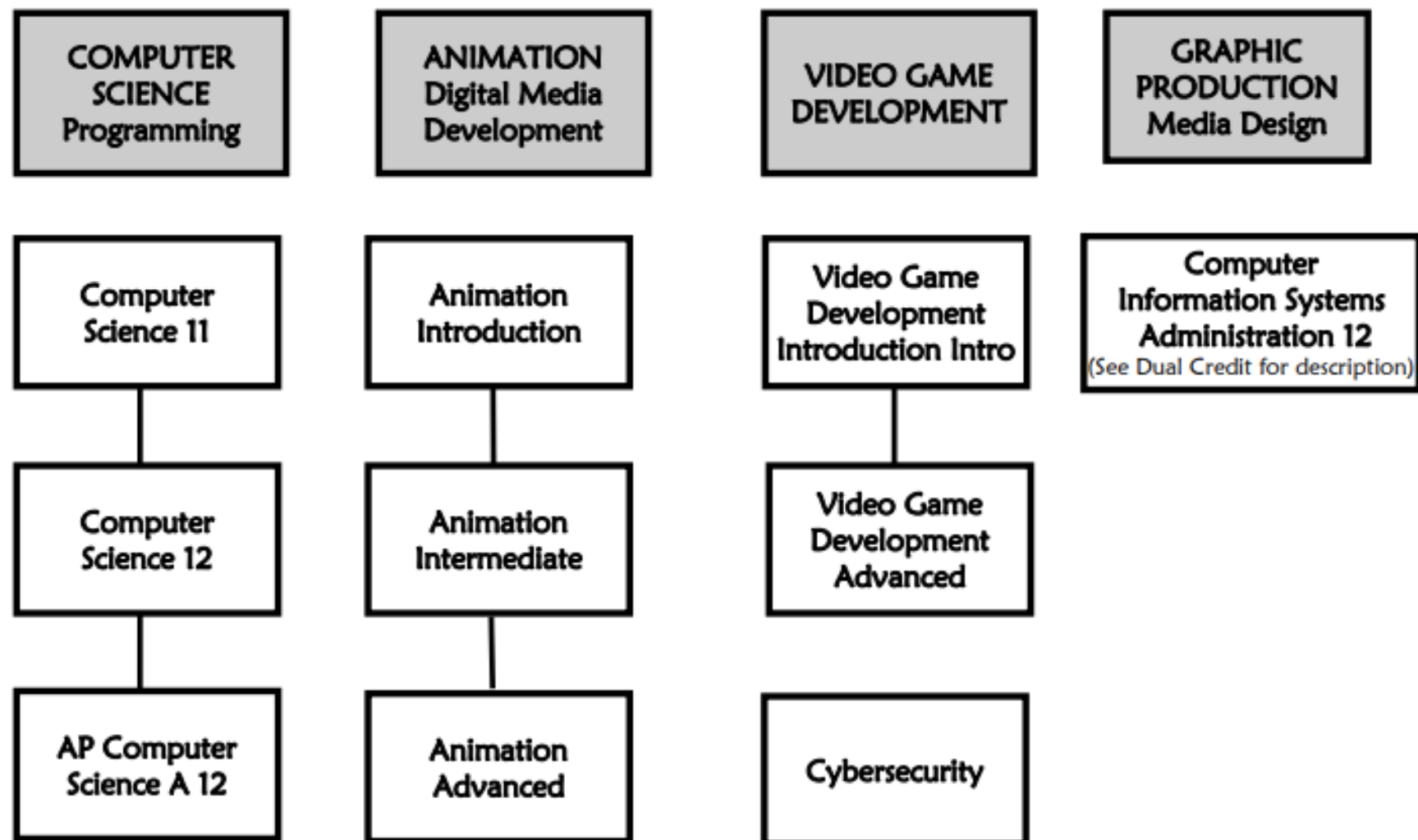
# MEDIA PRODUCTION



*See the Course Description Booklet online for course information.*

*Course offerings dependent upon # of participants.*

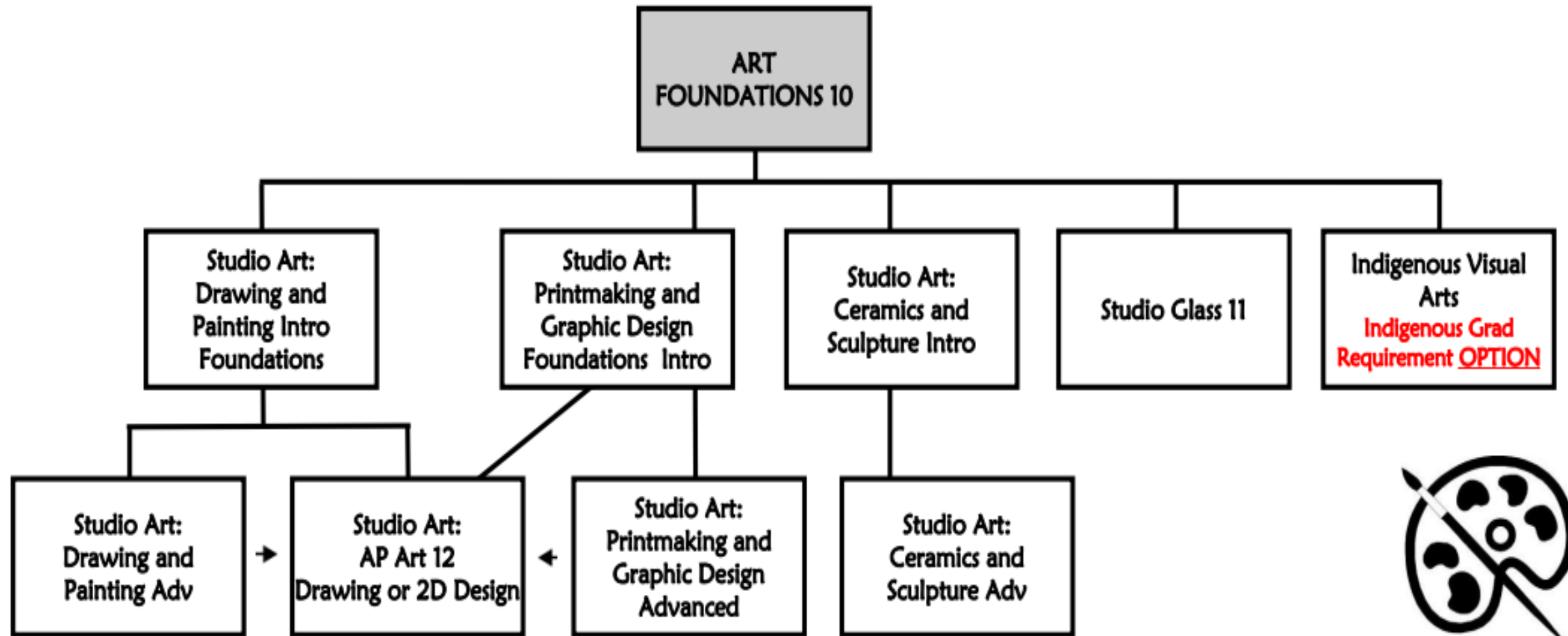
# COMPUTER TECHNOLOGY



*See the Course Description Booklet online for course information.*



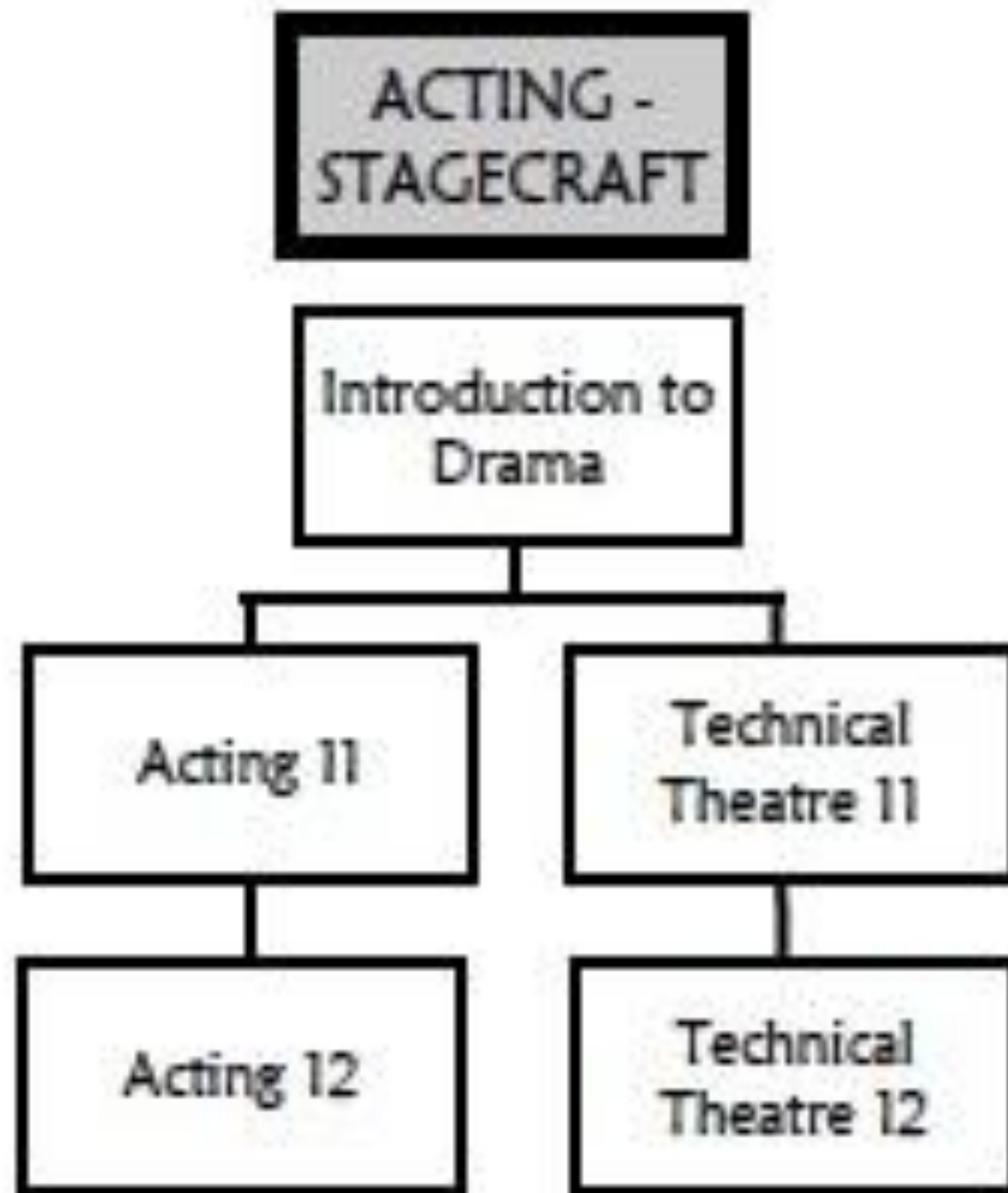
# ART



*See the Course Description Booklet online for course information.*

*Course offerings dependent upon # of participants.*

# Performing Arts

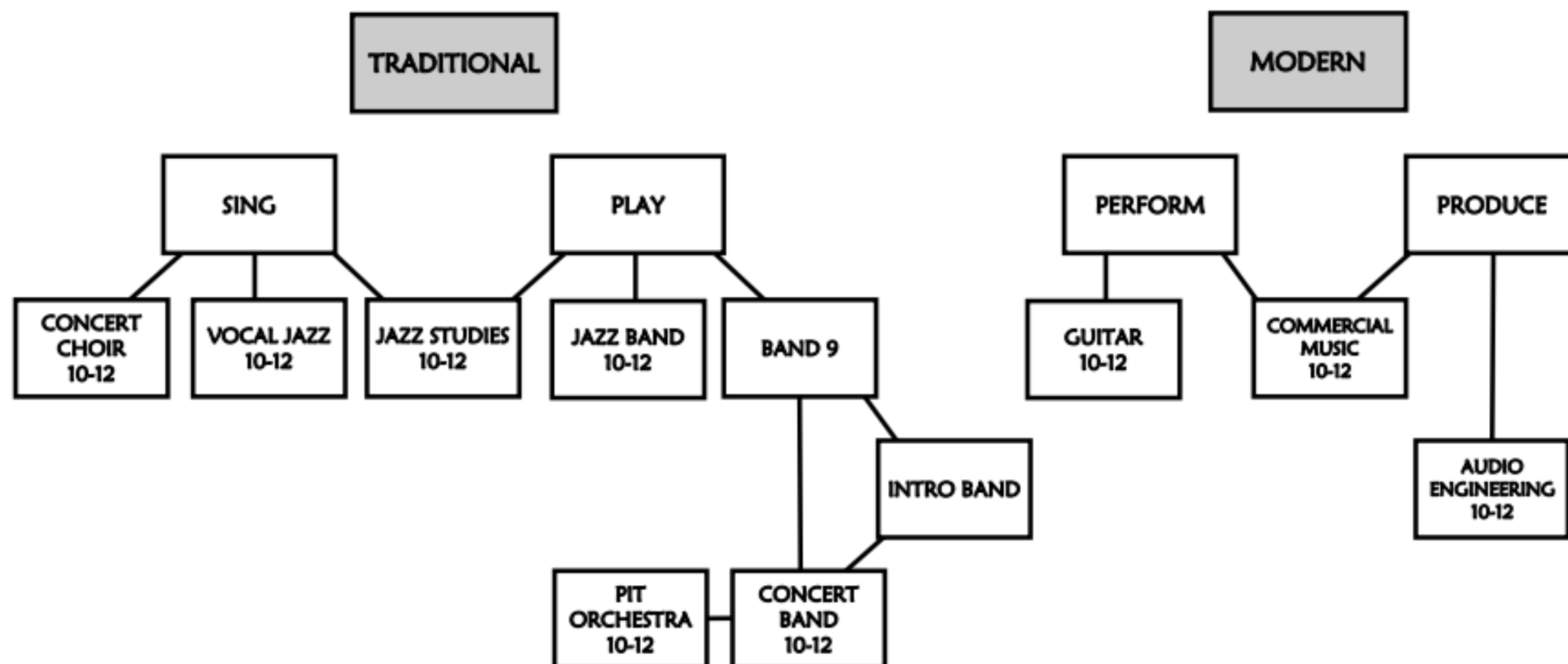


**Musical Theatre  
Performance & Technical**  
This course will be offered outside of the  
timetable. See Ms. Ward for more

*See the Course Description Booklet online for course information.*

*Course offerings dependent upon # of participants.*

# MUSIC



Note: All Music courses usually culminate with a spring performance tour.

*See the Course Description Booklet online for course information.*

## **Applied Skills: Business Education**

- Entrepreneurship and Marketing 10
- Entrepreneurship and Marketing 11
- Entrepreneurship 12
- Online I-gen course through dual credit
- Accounting 11 and 12
- Learn about developing and marketing a business and finances

# PSYCHOLOGY

## PSYCHOLOGY 11

**YPSYC1A-45**

**Credits: 4**

**Prerequisite: None**

This course is an introductory survey course in psychology. Psychology 11 will investigate some or all of the following topics:

- Communication skills
- Schools of Psychology (understanding psychology and psychological methods)
- The Brain and the Nervous System
- Perception, Learning, Thinking and Intelligence and Memory
- Motivation and Emotion
- Personality
- Psychological Disorders
- Psychotherapies
- Social interaction - attitudes and values
- Stress and coping skills



## PSYCHOLOGY 12

**YPSYC2A-45**

**Credits: 4**

**Prerequisite: PSY 11**

This program is for students who are interested in exploring the teaching profession as a possible career. Topics will include: What makes a good teacher? Learning/Teaching Styles, Developing a Positive Atmosphere, Teaching Strategies, Interpersonal/Communication Skills, Group Dynamics and the Psychology of Child Development. Students will also experience job shadowing at primary and intermediate schools. Finally, students will be expected to plan, present and evaluate their own lesson.

*Course offerings dependent upon # of participants.*



# INDIGENOUS LEARNING COMMUNITY

- This will be run as a full day course
- (every other day, all year)
- For more information please see your Advocate or Counsellor
- *See the Course Description Booklet online for course information.*

# Online Education

Be realistic!

This is NOT the  
'easier' way.



**\*\*Gr 12: online courses required for graduation must be on track for completion by middle of May**

**\*\*Gr 12: courses for entrance to UBC must be done by Feb. 1st to be used in early admission decisions**

**\*\* Reminder: RSS does not offer course in an online format. Do not rely on Google Classroom to complete your courses from home. You must be in class to successfully meet the learning outcomes of your course.**

# FAQ'S

- 1) When can I get a study block (spare)?
- 2) What is WEX?



# PLAN CAREFULLY!

**Your Counsellor will do their best to make sure you get the course you request, however, some courses may not run due to low enrollment.**

# COURSE SELECTION DATES

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Grade 9s (for Grade 10) Feb 19 & 25 in D-Block

Grade 10s (for Grade 11) Feb 19 & 25 in C-Block

Grade 11s (for Grade 12) Feb 18 & 24 B-Block

Check with your teacher to see which date your class will be inputting your course selections.

Course Selection through the [MyEd Portal](#)



# YOUR HOMEWORK

- Refer to the Course Description Booklet and fill out the course selection sheet with the courses you want to take next year (RSS Website)
- Make sure that you can access the Student MyEd Portal
- Be in class on the day off the in-class Course Selection or complete on your own time by March 2nd

# INSTRUCTIONS FOR ONLINE COURSE SELECTION 2026-2027

The screenshot displays the Rutland Senior Secondary website. The browser address bar shows [rss.sd23.bc.ca](https://rss.sd23.bc.ca). The website features a blue header with a 'LOG IN' button and a search bar. The main content area has a large banner image of the school building with the text 'Rutland Senior Welcome'. A red arrow points to the 'Course Selections' link in the 'Students' dropdown menu. The 'Students' menu is expanded, showing options like 'Counselling Department', 'Course Selections', 'Grad', 'MyEd Portal', 'Scholarships and Awards', 'Supplies', 'Transcripts and Diplomas', and 'Documents & Publications'. The footer includes a 'Bell Schedule' section with time slots: 9:00 am - 10:15 am, 10:15 am - 10:24 am, 10:24 am - 11:45 am, and 11:45 am - 12:29 pm.

← → ↻ rss.sd23.bc.ca ★ ⚡ 🌐 Finish update ⋮

LOG IN

**RUTLAND**  
SENIOR SECONDARY

Rutland Senior

Home  
About RSS +  
Programs +  
Services +  
Parents +  
Resources  
**Students** —

Counselling Department  
Course Selections  
Grad  
MyEd Portal  
Scholarships and Awards  
Supplies  
Transcripts and Diplomas

What are you looking for?

School Community Student Learning Plan

Documents & Publications

**Rutland Senior**  
Welcome

**Bell Schedule**

9:00 am - 10:15 am  
10:15 am - 10:24 am  
10:24 am - 11:45 am  
11:45 am - 12:29 pm

Contact Us >

<https://rss.sd23.bc.ca/students>

# QUESTIONS?

## Course Descriptions &

## Course Selection Info

On the **RSS Website** under  
the Student  
drop down

[Link](#)